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FOCUS ON FAMINE

'It's hard to be hopeful in this horrible situation'
- Adil Al-Serri

metroNEWS *plus* metroVIEWS

Mesfin Tadese, left, and Li Feng Yang celebrate after her lost purse was found on a CTrain. HELEN PIKE/METRO

REIMPURSED

CTrain operator recovers senior's purse — with $1,300 in birthday bucks inside metroNEWS

Police legal counsel denies bad culture

WORKPLACE HARASSMENT

Chief denounces statement in email, says efforts to fix problem continue

Lucie Edwardson
Metro | Calgary

The in-house legal counsel for the Calgary Police Service is denying a culture of bullying and harassment exists to the point it would prevent a former constable from returning to work, according to an email viewed by Metro.

Former CPS constable Jen Magnus, who publicly resigned at January's Calgary Police Commission (CPC) meeting citing bullying and harassment, referenced the email in a question posed at a CPC meeting Tuesday.

"How can the Calgary Police Service personally investigate and correct a problem they deny exists and a problem they created and perpetuated?" she asked.

> **Remarks like that are unproductive.**
> Chief Roger Chaffin

The email from CPS legal counsel states: "The service disagrees that there is a culture of bullying and harassment at the service that prevents Const. Magnus from returning to work. Nonetheless we respect Const. Magnus' right to resign."

When asked about the email, Chief Roger Chaffin said, "There is not an ounce of truth to that statement," adding he hadn't seen the correspondence.

"That's one of the big difficulties about situations like this. Remarks like that are unproductive," he said.

Chaffin went on to say that a presentation at the meeting Tuesday about improving human-resource practices showed they're "exhausting every effort" to create a respectful workplace and complementary programs and that the legal counsel is "very much" a part of that.

"Our legal counsel is fully embedded with that. They work closely with me," he said.

Magnus is one of 14 individuals who have formally filed complaints against the service in recent weeks — all recounting experiences of bullying and harassment.

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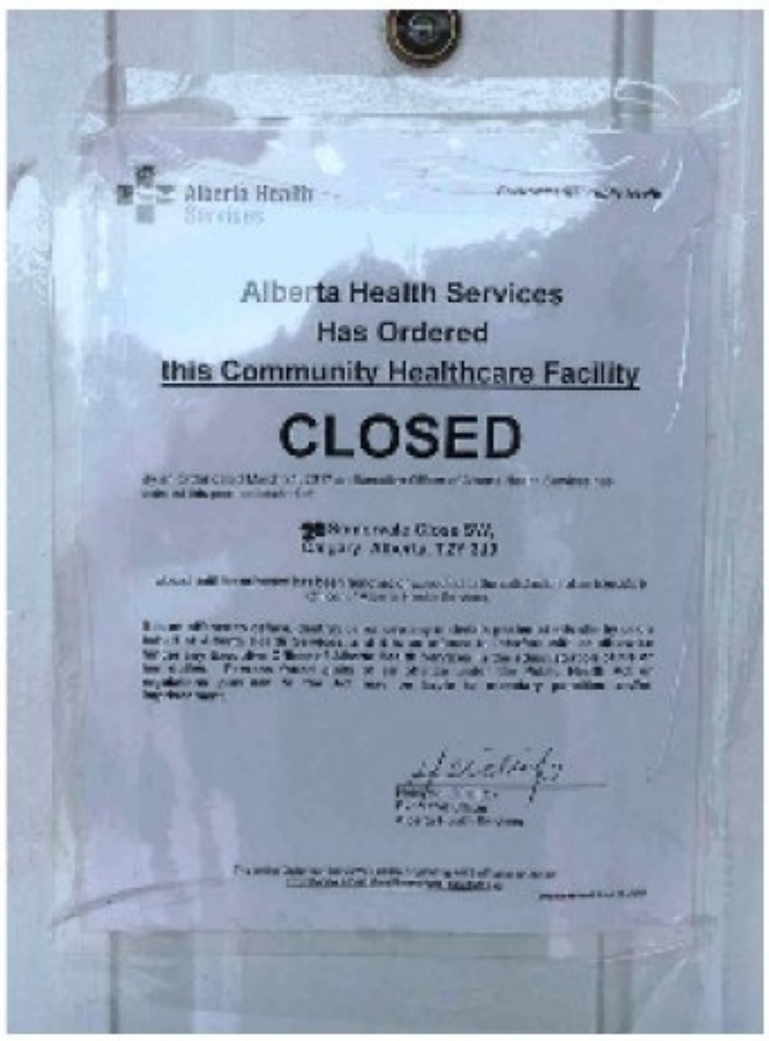

This unlicensed health-care facility was closed on March 21.
ELIZABETH CAMERON/FOR METRO

Get tested, clients told

Alberta Health Services discovered Natalia Prohkin was offering dental procedures without a licence in Calgary's southwest. They shut down her residential operation. Now they're urging her clients to get screened for viruses like HIV and hepatitis B.

ELIZABETH CAMERON FOR METRO

Alberta Health Services (AHS) is urging anyone who received services from an unlicensed dental operation in the city's southwest to get tested for viruses such as hepatitis B, C, and HIV.

A Calgary woman named Natalia Prohkin has been performing dental procedures without a licence to practise dentistry in a residence at 20 Somerville Close, according to a public health advisory from AHS.

Prohkin hasn't shared many details of her practice since it was shut down on March 21, according to AHS.

"(She) was not forthright about what sort of things were done and on whom, and how long she had been operating," said Dr. Judy MacDonald, medical officer of health for AHS in the Calgary Zone.

Metro attempted to contact Prohkin, including visits to her Somerset home, to get a response to the health authority's allegations.

The operation was discovered after an individual advised AHS they knew someone who had received services at the residence.

"It looked like a full dental set-up, with multiple sets of dental instruments and equipment," said MacDonald.

There isn't an indication that any diseases have been communicated at this time, but the medical officer said anyone who received services at the residence needs to get tested to be sure.

"There's two factors: the fact that this individual was not licensed to practice dentistry within Alberta, and secondly, they were not using appropriate cleaning, disinfecting and sensitizing instruments or equipment in between patients, so that's where the risk to the public comes in," MacDonald said.

During the investigation into the complaint, Prohkin did disclose how she was cleaning the equipment.

"Just having a wipe with a wet towel or wet cloth would not be sufficient to remove any contamination on the equipment, and then using that same equipment on the next person could be a viable way for (these types of diseases) to be transmitted," said MacDonald.

It's unclear if the Alberta Dental Association and College (ADAC) plans to pursue legal action, but MacDonald said as long as the practice remains closed, Prohkin is free to continue living there.

"If you're going somewhere for dental care and you have some concerns about whether your provider is licensed, you can certainly call the ADAC to confirm they are," MacDonald said.

> **They were not using appropriate cleaning, disinfecting and sensitizing instruments or equipment in between patients.**
> Dr. Judy MacDonald

TRADITION

Calgary Stampede parade changes route for the first time in 50 years

The Calgary Stampede hasn't changed their parade route — or the direction of it — in nearly 50 years.

This year, they're reversing course. Literally.

Calgary Stampede officials made the announcement at a press conference on Tuesday, adding that admission to Stampede Park will be free on parade day until 1:30 p.m.

"It's really truly about access for our guests and our citizens back to Stampede Park," said Dave Sibbald, Calgary Stampede president and chairman of the board.

When asked if reversing the parade route and offering free admission was in response to last year's poor attendance and profit numbers, Sibbald said it had nothing to do with that.

Alberta's economic downturn, combined with heavy rainfall, saw Stampede attendance hit a 22-year low in 2016. Cumulative attendance reached 1,088,000 at the 10-day western show, the lowest level since 1994 when 1,082,000 went through the turnstiles.

The 2016 attendance was down seven per cent from 2015 and 13 per cent lower than the five-year average of 1.23 million.

Sibbald said the parade committee has been mulling this decision for three years. He said with the parade route reversed, once the first wave of floats and parade participants pass "it's free and clear access" to Stampede Park.

Susan Veres, senior vice-president of the Calgary Municipal Land Corporation said the reversal of the route would allow for better access and regress for residents of the East Village.

"It's 49 acres of construction in the East Village, and it's going to be that way for another eight years," she said.

Veres said getting in and out of the East Village in the two days before the parade and the day of the parade is so difficult that CMLC employees don't come into the office those days. Veres stressed, however, the East Village is happy to continue to host the parade.

"The parade has been forming itself in the East Village for decades, so for us, the continuity of having it there again is important," she said.

POLICE

Petty crime drops

It's a small win for CPS, and a bigger one for neighbours.

After months of petty crime increases, and concerning patterns in Calgary communities, new data is showing an encouraging reversal in the trend.

Police have been grappling with how to tackle the rising rates — and so far this year, it's working. Year-to-date figures show the CPS has seen a 27 per cent drop in commercial and residential break-ins, and a 26 per cent decrease in car prowlings.

Since mid last year, the force centralized how they respond to petty crime. One unit is in charge of tracking down repeat offenders, and helping communities deal with the thefts. In past years, every district had their own investigators tackle the file.

Sgt. Sean Gregson of the Centralized Break and Enter division said this new approach is helping them see trends across the city.

"We've been trying to put a coordinated effort on the offenders we believe are responsible, getting charges laid and even when they're released making sure they're abiding by their conditions," Gregson said. "We're catching offenders faster than we were in the past."

But Gregson said it's not time to stand down. There are many things, including their focus on resourcing a team to dedicate time on the issue, contributing to the fall in numbers.

For one, weather could be behind the dip in break and enters. Calgary had a particularly frosty winter. As the summer rolls around, petty crime rises with the warm weather.

"It's going to be interesting for us to see what happens when the weather turns around."

HELEN PIKE/METRO

Mesfin Tadese, left, and Li Feng Yang celebrate after her lost purse was found on a Calgary Transit CTrain with her birthday money inside. HELEN PIKE/ METRO

Woman gets $1,300 back, courtesy CTrain operator

TRANSIT

75-year-old's purse found on a routine walkthrough

Helen Pike
Metro | Calgary

Losing her purse on a CTrain wasn't one of Li Feng Yang's 75th birthday wishes – but getting it back with $1,300 in cash gifts intact that wasn't luck or magic: it was Calgary Transit's commitment to customers.

During a regular walkthrough, CTrain operator Mesfin Tadese found a purse. That's where his training kicked in. He called it in and it was eventually turned into transit's lost property department.

Kai Huang, who read a statement for his grandmother, said when she realized her purse was gone she was overcome with a rush of anxiety.

"It's hard to describe with words," Yang wrote. "The handbag had everything I have, it contained cash, a cellphone, debit cards."

At the CTrain station, a Chinese man helped her call transit about her loss. She had a sleepless night wondering if she would ever see her purse again.

But luckily Tadese already had that handled.

She was surprised and overcome with happiness that her purse, and all of the contents, were returned to her. She wrote that she was surprised to get it back intact and was delighted to know there are honest people willing to do that.

"Very grateful and very happy," Yang said.

Her anxieties about losing the handbag immediately subsided.

"Honestly, I feel happy," Tadese said. He met Feng on Tuesday after she was reunited with her belongings. Her English isn't great and he understood that she must have been frustrated to have it go missing.

"It gives me happiness and peace of mind, it's part of my job and also the way I was brought up," Tadese said. "It wasn't a big deal for me, but now I feel like it is."

When asked if she normally gets such a handsome present from her kids and grandkids she laughed and told reporters "no."

Calgary Transit said every day they find, and have 50 to 100 items returned, to the lost property department. Behind the scenes work helps them reunite lost items with owners. Wintertime is their peak season for lost items – they get a lot of toques, scarves, and hats.

Tadese said he finds a lot of items left behind, including laptops.

POLICE

Preparing for new drug laws

Autumn Fox
For Metro | Calgary

With the impending legalization of marijuana by Canada Day, 2018, the Calgary Police Service is under the gun to deal with a predicted increase of drug impaired drivers.

In a Calgary Police Commission meeting, Sgt. Richard Butler of the CPS Alcohol and Drug Recognition Unit presented a detailed overview of the two-tiered process of identifying drug impaired drivers, mandated in Bill C-2 or the "impaired driving bill."

The first level of identifying a drug-impaired driver involves a three-part roadside evaluation called Standardized Field Sobriety Testing (S.F.S.T.).

Currently, there are about 100 officers within CPS who are trained to administer these tests, and Butler said they hope to gain funding to train officers service-wide.

"The more officers we have trained, the better off we're going to be – especially given the impending legalization of marijuana."

The second tier of investigation is the Drug Recognition Expert (DRE) evaluation, which is conducted by a certified evaluator, but only after the S.F.S.T. results determine the driver is likely impaired.

The benefit of a DRE evaluation is that it not only determines impairment, but also medical conditions, which Butler said had occurred on at least two occasions since 2008.

While a DRE cannot identify a specific drug, it can determine which of seven drug categories may be the cause of impairment.

These can include prescription medications as well as household inhalants, narcotics such as fentanyl and cannabis.

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Carbon tax depletes university budgets

EDUCATION

Institutions wonder how to tap into cash for green schools

Helen Pike
Metro | Calgary

The Alberta government's carbon levy has created another pinch, this time it's in the post-secondary budget.

During the University of Calgary's last board of governor meeting the school discussed questions about how the province would help them, and other institutions "mind the gap" the tax is having on operational costs.

At the U of C, the cost of operating their buildings and fleet vehicles has gone up a whopping $2.5 million.

"It impacts all post-secondary institutions at all levels depending on size," said University of Calgary President Elizabeth Cannon. "What we're looking for, because we recognize we have to pay the carbon levy, as a sector we're saying 'OK if we pay in what are the mechanisms to be able to tap the carbon levy fund.'"

Cannon said they are specifically looking for programs they can tap to invest in clean energy research, or green initiatives on campus.

Their neighbours at Mount Royal University spent $86,000 extra in the 2016 to 2017 budget and are planning to add $139,000 to next year's costs and $256,000 in 2018 to 2019.

Their main priority is creating a "leaner, greener and cleaner campus."

"As a publicly-funded and provincially-regulated organization, we don't have the flexibility of being able to alter our operations to fully compensate for the increased costs," said Duane Anderson, Vice-President of Administrative Services at Mount Royal University. "Because our revenues are constrained, we would certainly welcome a rebate to offset additional costs."

The government sees post-secondaries as a "key partner in the transition to the economy of the future." And they invested in a 2 per cent increase of operational grants as part of the 2017 budget.

"Institutions like the University of Calgary and Mount Royal University stand to benefit from the $1.3 billion over three years set aside for green infrastructure funding," said Brent Witmeier, press secretary for Environment and Parks Minister Shannon Phillips. "It will help fund green buildings and retrofits. They will also be eligible for Energy Efficiency Alberta programming."

Jordy Randall, executive producer with Seven/24 Films, helps create shows like Heartland, which alone took 11 nominations.
AARON CHATHA / METRO

ENTERTAINMENT

Finalists named for film, TV awards

Aaron Chatha
Metro | Calgary

The finalists for the 43rd annual Alberta Film and Television Awards have been announced, and Calgary's Seven/24 Films is leading the pack, having produced 17 finalists.

The production company is the force behind series like Wynona Earp and Heartland, which has now been running for more than a decade.

"We treat every season of Heartland like it's our first," said executive producer Jordy Randall. "We're starting season 11 in May, and our quest, really, is to make every season of that show better than the one before. For us, it's not a machine, it's not an assembly line. We take this and make it the best (it) can be."

> **A lot of people don't know Heartland, Fargo or Hell on Wheels are made right here in Calgary.**
> Jordy Randall

Seven/24 is tied with Calgary's Joe Media Group for producing the most finalists this year.

The annual awards, nicknamed the Rosie Awards, celebrate excellence and outstanding achievement in Alberta screen — that includes productions that are produced or co-produced by an Alberta company.

"There's a lot of productions happening that people don't realize are made in Alberta," said AMPIA executive director Bill Evans. "This is our opportunity to have a public acknowledgement of that — a lot of people don't know Heartland, Fargo or Hell on Wheels are made right here in Calgary."

Holly Dupej, producer at Spotlight Productions, said there's a phenomenal level of talent in Alberta, and strong support to tell local stories.

Spotlight helped create documentaries about international level baristas, Hutterite communities, Amber Valley (one of Alberta's first all-black communities) and the King Eddy. The local stories helped score them 13 nominations this year.

The Rosie Awards cover a wide range of Alberta features, from documentaries to TV and music video, as well as craft categories, which include score, animation and make-up.

This year's awards take place April 29 at the Shaw Conference Centre in Edmonton. Actress Michelle Thrush (Blackstone, Pathfinder) will host.

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Chief Roger Chaffin shared an anecdote of a senior office helping a subordinate navigate HR resources when an issue arose.
AUTUMN FOX/FOR METRO

Police ready to begin independent review

HUMAN RESOURCES

Committee chair worries training for 'appearances'

Lucie Edwardson
Metro | Calgary

By May, the Calgary Police Service will have both the framework and definition ready for their independent HR review to present to the Calgary Police Commission.

Deputy Chief Bob Ritchie updated the commission on how the service, in their seven point plan, is addressing issues of a culture of bullying and harassment within the force at the public CPC meeting Tuesday.

In recent months the service has been under the microscope due to allegations of bullying and harassment within their ranks, and most recently with 14 members filing formal complaints against the service — including Const. Jen Magnus, who publicly resigned at the commission meeting in January.

At a CPC meeting in January the commission presented the service with a seven point plan, and their number one priority was that CPS establish an independent third party advocate to assist staff in reporting and addressing concerns in a confidential and/or anonymous manner.

Ritchie told the commission that some of the challenges faced by the service in achieving this priority are: defining independence, limitations within the police act, aligning existing resolution processes and an ongoing Kogawa Consulting review into their delivery of HR services.

Ritchie talked a lot about how the service is working at creating new training programs and implementing them to create a culture shift where individuals feel comfortable talking about the issues they face.

Vice Chair Lisa Silver said she worried that training was being done for "appearances".

"It's almost the same when you have policies and these policies are appropriate and proper but not implemented correctly," she said. "I'm concerned they have training and that people take training but they may take it to say 'look I've done this training.'"

Silver said the commission wants to ensure that the training is having an actual impact.

"I think what you have to do is tie it into what is really happening, is this training really resulting in culture changing?"

Silver said she appreciated an anecdote shared by Chief Roger Chaffin, in which he said he'd seen changes occurring already with one staff sergeant who was able to help an officer seek resources when they reported bullying — and begin remediation with the accused.

"We need to see more of that," she said.

PRIORITIES

- Address **systemic issues**
- **Conduct workforce census & analyze data** to determine the representation of employees protected by grounds of sex, family status, or both at all levels and ranks.
- Review all written and unwritten **promotion and job placement policies**, practices and procedures to ensure they don't discriminate based on sex & family status.

JAZZ

High-energy pianist sets sights on Calgary

Aaron Chatha
Metro | Calgary

Michael Kaeshammer is hoping to get Calgarians dancing with his sweet mix of boogie-woogie, reggae and pop tunes at his April concert.

The winner of two JUNO Awards from for Best Contemporary Jazz Album and Best Vocal Jazz Album of the Year, Kaeshammer is known for the contagious energy he blasts into through the piano.

"For me the performance is as much about the energy coming off the stage as the energy coming from the audience. It's about being myself, writing from the heart and showing my love for life," said Kaeshammer in a release. "That's what I want to convey. After the show, people ask me, 'do you really have that much fun?' And I say 'you don't know the half of it. It's even more exhilarating than it looks'."

Kaeshammer performs at Arts Commons Jack Singer Concert Hall on April 12.

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EDUCATION

Schools adapt to opioids

Elizabeth Cameron
For Metro | Calgary

The University of Alberta's medical program used to teach broadly about opiates and addictions, but things have changed.

The curriculum across all four years of the program was updated as of September in response to the opioid crisis facing Alberta, which killed nearly 350 people in the province last year.

"We've turned it a little bit and are teaching our basic principles through the lens of fentanyl," said Dr. Tracey Hiller, associate dean of undergraduate medical education with the faculty of medicine and dentistry at the University of Alberta.

She said during the four-year program, students learn about a broad range of topics that culminate under the general umbrella of pain management and substance abuse. These include physiology, toxicology, pharmaceuticals, psychiatry, public health (social determinants), and best prescribing practices.

"Everything is built upon over the four years," said Hillier. "Then they go into a residency where they get more detail."

Similarly to U of A, a number of courses address pain management throughout the medical program at the University of Calgary's Cumming School of Medicine.

During their residency, students help look after patients at hospitals and clinics, where they see first-hand appropriate use of opioids and other drugs – and the effects of misuse – according to a statement provided by the school.

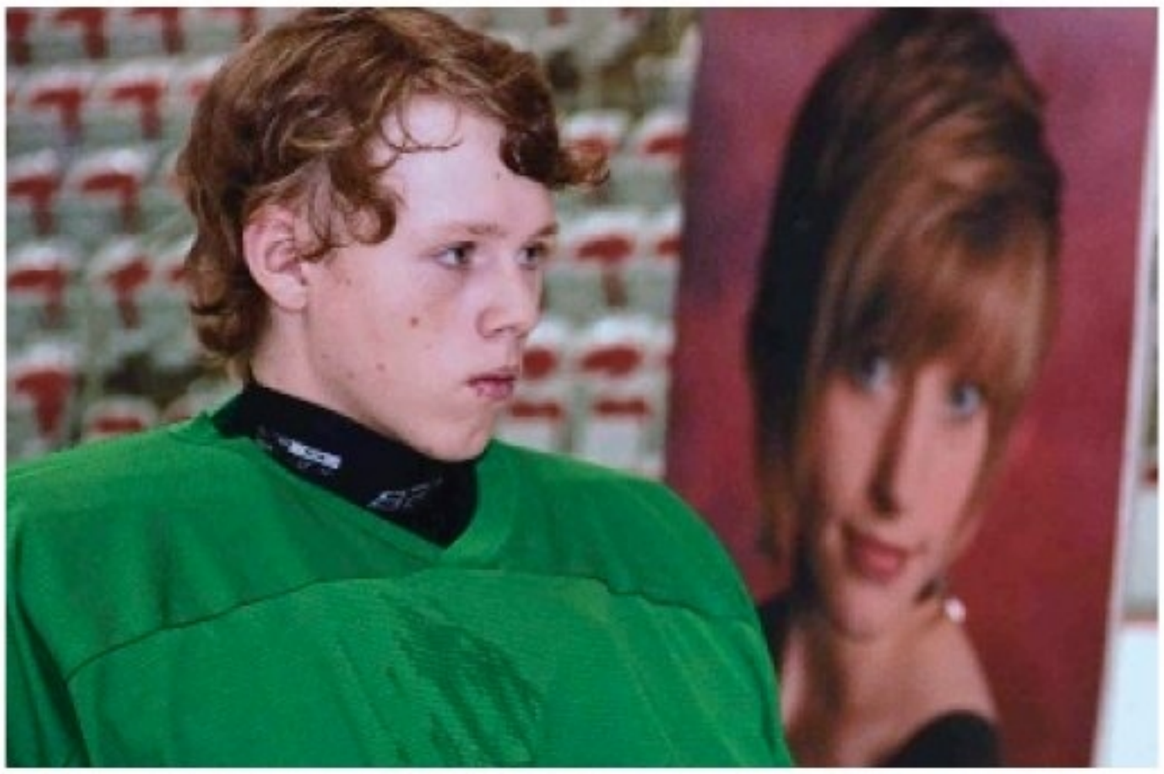
The U of C also offers continuing medical education courses that cover a range of topics related to opioid prescribing, including fentanyl and chronic pain.

Trevor Theman, registrar for the College of Physicians and Surgeons of Alberta, said updating the curriculum isn't just good – it's essential.

"Both (universities) are doing work on this area, but we're not likely to see the impacts of those changes immediately."

Theman said any physician who will run into patients with chronic pain or addictions has to have at least a basic understanding of the conditions and challenges around chronic pain and the medications.

Hillier said her faculty will continue to review the curriculum and if additional changes are needed, they will "absolutely" be made. "If this is a problem in our local population, then it's a problem for our curriculum," Hillier said.



Tanner Fitzpatrick, 17, journeyed all the way to Calgary to play in the Marit Cup. AUGUST FOX/METRO

Heartfelt reunion

HEALTH

Families of donor and recipient meet at tournament

August Fox
For Metro | Calgary

A lone goalie in a green jersey takes his post at one end of the rink, waiting for the puck to drop, the start of what may well be the most memorable game of his life.

The goalie, Tanner Fitzpatrick, a 17-year-old from Burin, N.L., journeyed all the way to Calgary to play in the Marit Cup, a charity hockey game named in honour of Marit McKenzie, whose heart was now beating in his chest.

"It's his heart now," said Bruce McKenzie, Marit's father.

During the last of her 18 years, Marit, a student at Calgary Christian School, was inspired to raise funds through the sales of her artwork to donate to the David Foster Foundation, a charity that supports the families of children who undergo organ transplants.

"She raised $500 and sent [the David Foster Foundation] a letter and a cheque, and then six months later she passed away," said Susan McKenzie, Marit's mother.

It was only a few month prior, when Marit was 17, that she asked for her mother's signature to approve her decision to become an organ donor.

> **It's his heart now.**
> Bruce McKenzie

In January of 2013, Marit died suddenly of a pulmonary embolism.

Her final wish was granted, and her heart made the journey to Toronto, where Tanner Fitzpatrick was awaiting a transplant. He had been on the organ donor registry for just a week after being diagnosed with cardiomyopathy a few months earlier.

After the transplant, Marit's family reached out to the Fitzpatricks through an anonymous letter, expressing an interest in meeting Tanner.

"In that letter were two references: David Foster Foundation and hockey game," said Trudy Fitzpatrick, Tanner's mother. The teen did a quick Google search, and learned about the Marit Cup.

The family followed the tournament online until last year, when Tanner decided he was ready to lace up for the big game.

"So we said, 'We'll make that happen, kid,'" said Trudy Fitzpatrick.

After an emotional meeting in Nov. 2016, the two families felt there was an immediate connection.

Though Marit was never a sports fan, Bruce McKenzie said she and Tanner shared "uncanny similarities."

"It makes me feel good to know where she is," said Susan McKenzie.

RECOVERY

Fort Mac plans dawn-to-dusk gathering for fire anniversary

A "tranquil, welcoming, supportive" gathering will be held to mark the one-year anniversary of the devastating wildfire in northeastern Alberta.

Mayor Melissa Blake says dawn-to-dusk gathering on May 3 at Snye Park in Fort McMurray allows friends and neighbours to come together, reflect, and share in a safe and supported community environment.

The community says the gathering's format is based on feedback from residents and stakeholders and in keeping with lessons learned from other communities in disaster recovery.

The Rural Municipality of Wood Buffalo, of which Fort McMurray is a part, says no formal presentations will be made and all activities will be free.

The wildfire last year forced more than 80,000 people to flee the city and the region and destroyed more than 2,400 homes and other buildings.

A report in January estimated the total financial impact of the wildfire at almost $8.9 billion.

"Marking this occasion is an important step in our region's recovery," Blake said Tuesday in a news release.

The day starts at 5 a.m. with a community breakfast accompanied by wellness activities such as sunrise meditation and yoga.

THE CANADIAN PRESS

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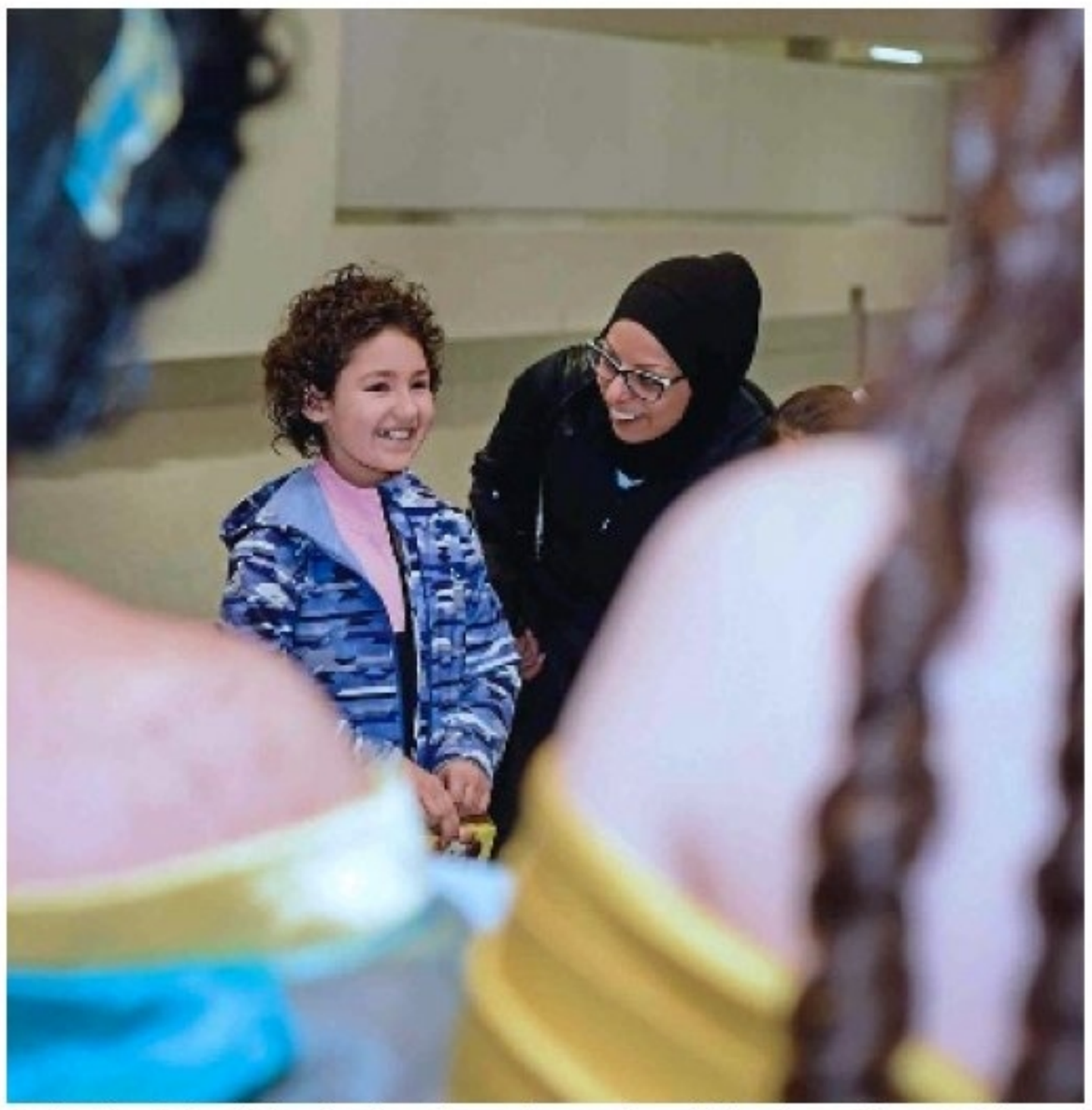

Su El-Hajjar, right, tells her daughter Lilyana that yes, she really is going to Disney World.
ELIZABETH CAMERON/FOR METRO

Cancer survivor gets magical trip

HEALTH

9-year-old girl surprised by royal send-off to Disney World

Elizabeth Cameron
For Metro | Calgary

Nine-year-old Lilyana El-Hajjar thought she was going to the airport to wish her uncle a good flight.

Instead, she arrived at YYC Airport's international terminal early Tuesday morning and was told she would be the one getting on a plane — to Disney World.

"Finally the day is here, and her reaction was priceless," said Abed El-Hajjar, Lilyana's father.

The Children's Wish Foundation made Lilyana's dream of going to Disney World come true after a two-and-a-half-year battle with acute lymphoblastic leukemia, but she was the last one to find out.

Abed and his wife Su have been keeping the trip a secret from their daughter for more than two months. They even used codewords when discussing their plans, and packed suitcases for themselves, Lilyana and her two sisters weeks in advance.

Kyla Martin, Children's Wish Foundation of Canada's director for Alberta and the North West Territories, said this wish was extra-special because it was a "complete surprise."

"A lot of the times, our wish families and their kids are heavily involved in their wish, so it's very rare we have the opportunity to surprise a child," Martin said.

When Lilyana saw the princesses waiting at check-in, her expression said it all.

"When you see the look on her face, you realize one of her dreams is coming true," said Abed.

The family will spend seven days in Orlando, at a special resort for children with life-threatening illnesses. Lilyana said she's most excited to meet Mickey and Minnie Mouse, now that she's already met Belle, her favourite princess.

> **When you see the look on her face, you realize one of her dreams is coming true.**
> Abed El-Hajjar

Abed said the past two and a half years have been full of trials, but the family got through them by sticking together and rallying around Lilyana.

"When she lost her hair, her sister actually defended her when other kids teased her about losing (it)," Abed said.

With his daughter currently in remission and his family on their way to Disney World, Abed said he couldn't ask for anything more.

"When you realize (the cancer is) all gone…that in itself is a dream come true," he said.

Residential schools comment shows there's a 'long way to go'

David P. Ball
Metro | Edmonton

The co-chair of the reconciliation fund set up by Tragically Hip frontman Gord Downie has joined the outcry over a Senator's praise for the "good" side of residential schools.

Edmonton-based Charlene Bearhead — with the Downie and Wenjack Fund set up to redistribute profits from the singer's latest album — told Metro that Sen. Lynn Beyak's controversial remarks are a reminder that Canada "still has a long way to go" in addressing its history.

"Comments like this Senator's are a big, firm slap in the face," said Bearhead in a phone interview. "You don't have to look very far to know ignorance is still alive and well.

"But they remind us to wake up and not be complacent. You can start feeling really good about the progress we're making … But when people in positions like that still can't humble themselves and open their minds, hearts, eyes and ears to reality, it's a reminder that we still have a long way to go."

Bearhead, who also serves as the education lead for the National Centre for Truth and Reconciliation, is speaking in Edmonton on Thursday on a panel to mark three years since the Truth and Reconciliation Commission's hearings in Edmonton in 2014.

The panel event, which will be held at Edmonton City Hall, is organized by Reconciliation in Solidarity Edmonton (RISE), whose cofounder told Metro that the "worst" of Sen. Beyak's remarks to CBC News that "she has nothing more to learn about residential schools."

"I've been engaged in this work for a long time," Miranda Jimmy, of Thunderchild First Nation, said in a phone interview. She testified before the TRC about the "intergenerational" effects of her father's residential school experiences. "Every conversation I have and book I read, I learn something.

"It's a continual learning process. To say you've learned enough is basically closing the door on any learning."

Charlene Bearhead is the co-chair of the Downie and Wenjack Fund. DAVID P. BALL/ METRO

Other panelists at the Thursday event include Steven Cooper, one of the lawyers who secured the TRC as part of the historic court settlement, as well as residential school survivor Arthur Bearchief, author of a memoir My Decade at Old Sun, My Lifetime of Hell.

The event will take place at Edmonton City Hall on Thursday from 6 to 8 p.m. and is free of charge.

> **Comments like this Senator's are a big, firm slap in the face … but they remind us to wake up and not be complacent.**
> Charlene Bearhead

Rumble House struggles through tough economy

CULTURE

Underground art venue sees sales slow down significantly

Aaron Chatha
Metro | Calgary

Calgary's Rumble House has officially gone to space – but their real final frontier might be back on Earth, as the indie art house struggles to keep operating.

Last week, Rumble partnered with the Canadian Space Agency to launch a few art pieces into space with a satellite, in a sort of market experiment. In April, they're planning to send up a lot more – to a total of 150 pieces.

"In art, where your art has been, who's owned it and who's willing to authenticate it is everything," explained co-founder Rich Theroux. "We're curious, if we stuck paintings in space, would the value of the pieces increase?"

But as their solar initiatives take flight, art sales have slowed down significantly in the economic downturn.

Rich Theroux and Jessica Szabo entertain in a paper mâché kitchen — currently located in the studio and art gallery, Rumble House. AARON CHATHA / METRO

THE BIG 201

"We never really know if we're going to make it from week to week," laughed Theroux. "It was a 200th rumble in a row last week that's gotten use through the month, but the real test is the week after."

For the uninitiated, the Rumble House is a radical looking building at the end of 8 Avenue SW in downtown. Originally called the Guerrilla House, Theroux and Jessica Szabo (who still work full-time as teachers) founded it as a place where artists could easily put their art out for the public – without the grind of having to connect with a traditional art gallery. It's a studio space meets gallery, that's intended to be welcoming and fun. Every Wednesday night for the past few years, they hold a Wednesday night Rumble, where they do a live paint for a few hours and auction off the results. As the name would suggest, it's a real underground, for the love-of-art-type place.

Theroux said after Christmas is always the hardest, as people aren't ready to start spending on art again until the summer. As well, they're constantly looking for new people to check out the Rumble – buyers tend to come a couple of times, then run out of space to put paintings at home, so new people (with wall space) are needed.

NO GRANTS OR ASSISTANCE

Theroux refuses to apply for any grants or government assistance – because, as we said, this is a real down to the roots, by-and-for-the-artists operation. "If we're suffering and the artist is suffering, there's a balance," said Theroux. "But if we were somehow supporting and making money, then it's not of anyone's value to come make the art. There would be an artificial comfort zone if we applied for any grants."

So the Rumble House carries on for as long as it's able – with a new Rumble every Wednesday night, free for all to check out.

HISTORY

Deal protects ranch

One of Canada's oldest working ranches will be protected as a result of a conservation agreement with the Nature Conservancy of Canada.

The 900-hectare Oxley Ranch in the southern Alberta foothills is owned and operated by Jennifer Barr and her family.

The ranch was established in 1882 and will still function as a cattle operation.

The agreement prevents cultivation of grasslands, drainage of wetlands, subdivision and land development.

The property has one of the last pieces of relatively intact fescue grassland in Alberta.

It is estimated that less than five per cent of such grassland remains in the country, making this area one of the most threatened regions of Canada.

The family retains ownership of the property with an obligation to long-term conservation.

It is an ongoing legally binding contract even if ownership changes.

"This land is our family's legacy. It's been my personal sanctuary for my entire life. I have a great appreciation for what my grandmother, my aunt and my stepfather all sacrificed to hold on to this ranch," Barr said Tuesday.

"I have always felt a great responsibility to care for it, to preserve it, for future generations."

"Combined with the protected Crown lands, this important grassland habitat will continue to supply habitat to native plant and animal species and provide an important wildlife corridor along Alberta's eastern slopes," added Bob Demulder, Alberta vice-president of the Nature Conservancy of Canada.

THE CANADIAN PRESS

POWER

New head promises Energy Efficiency will have real impact

The newly appointed head of Alberta's first energy efficiency agency says it has enough resources to make a big difference.

"We can have real impact in terms of both job creation and energy efficiency, ensuring savings for businesses and households," Monica Curtis said Tuesday.

Energy Efficiency Alberta is funded by the province's carbon tax and is aimed at getting Albertans to use energy more wisely. Alberta joins all other provinces in having a government agency to promote and assist with wise energy consumption.

Curtis comes to the province from the Wisconsin-based Western Electricity Coordinating Council, which oversees power transmission in the western states as well as in Alberta and British Columbia.

Originally from Manitoba, Curtis has also worked for SaskPower as well as Alberta Agriculture and Edmonton-based utility Epcor back when it was called Edmonton Power.

She suggested that Alberta being the last province to inaugurate an energy efficiency program is an opportunity.

"There are great examples that the province of Alberta can borrow from and learn from all across North America," said Curtis, who pointed to programs in Nova Scotia, Manitoba and British Columbia as examples.

Her first job will be to oversee the implementation of three government programs already announced.

One involves handing out samples of energy-efficient products such as LED lights for homeowners to try.

A second program will allow consumers to apply for rebates when they buy energy-efficient appliances such as stoves, dishwashers and fridges. A third one is to provide businesses and non-profit organizations rebates on larger energy-efficient products such as boilers and heating and cooling systems.

Smaller-scale solar power programs are to follow later.

The province plans to spend $648 million in the next five years on energy-efficiency products and programs.

THE CANADIAN PRESS

Monica Curtis, the new CEO of Energy Efficiency Alberta .
COURTESY THE ALBERTA GOVERNMENT

Flagging a long, long wait time

CANADA

Order your free Peace Tower flag now, enjoy in 60 odd years

Ryan Tumilty
Metro | Ottawa

If you're looking to fly a Peace Tower flag on your own flagpole, your wish can come true — but it'll take a while.

Since 1994, every Canadian has been eligible to receive a flag from the tower or from a few other spots on Parliament, free of charge. But the waiting list is getting very long.

I should know.

I filed a request two weeks ago and, as of today, I can expect to wait 68 years to receive my very special maple leaf.

Given my age (34) and what I know about my genetic makeup — not to mention my approach to exercise and diet — the best I can reasonably hope for is that the flag will be lovingly placed over my coffin after a flying electric hearse has delivered my 102-year-old body to, I hope, a well-attended service sometime in 2085.

My nephew, born last month, might receive the flag, which I plan to put in my will, as a retirement gift.

Magda Hovjacky, director of ministerial correspondence for Public Services Canada, said Canadians understand the symbolic and sentimental value added to the flag itself, which measures 2.3 metres by 4.6 metres. And that, she said, explains why the waiting list has unfurled to such prodigious lengths in recent years (Canadians receiving flags today applied a mere 12 years ago, in 2005.)

"To receive a flag flown from Parliament Hill is to receive a piece of our history," she said. "Accelerating this journey would take away from its uniqueness."

Flags from West and East Block are also available, but even they would take 55 years to arrive if you placed your request today.

Hovjacky said that, since the program first launched, more people have come to learn about it and have become interested.

She said that when the department reaches out to confirm an address before sending a flag, the recipient is always excited.

"We get a lot of photos of people with the flag they received. We get a lot of appreciation of that," she said.

Hovjacky expects another swell in applications this year, in honour of Canada's 150th anniversary.

Any Canadian can request for a free Peace Tower flag but they may face a wait of several decades.
ADRIAN WYLD/THE CANADIAN PRESS

WINNIPEG

Small suites causing a huge backlash

Jessica Botelho-Urbanski
Metro | Winnipeg

News of plans to turn a Winnipeg in into micro-apartments spurred social media backlash on Monday.

The mixed-use plans being considered for the city's the Osborne Village Motor Inn would see commercial space on the main and basement floors, with tiny rental units available on the upper levels starting next spring, said Ken Yee, senior vice-president with Cushman Wakefield Winnipeg.

The suites would range in size from 275 to 450 square feet with rents spanning $975 to $1,400, Yee said.

"I wouldn't ever pay these prices for such a tiny place," one Metro reader commented on Facebook. "But that's me, I'm sure someone will."

"OMG!!!!!!! Let's pay WAY too much money for tiny apartments next to a fire hall! This is what everybody will want!" said another reader.

"This idea gave me cancer," a third person wrote.

Jino Distasio, director of the Institute of Urban Studies at the University of Winnipeg, said the compact living arrangements being proposed are already popular in other cities, but have rarely been tested here.

"The market ends up dictating whether or not it works in Winnipeg," he said. "(After) the immediate reaction (by readers), maybe the developers are scratching their heads and thinking, 'Do we need to workshop this a bit more?'"

Distasio said Osborne Village residents are traditionally protective of their neighbourhood.

"Anytime something happens in the Village there is an immediate mobilization of scrutiny," he said. "This is a pretty visible location so I think people were hoping for a signature something."

GERMANY

Stolen gold coin likely already melted down

A former RCMP organized crime specialist has some ideas of what happened to the world's largest and purest gold coin, a 221-pound Canadian whopper called The Big Maple Leaf — stolen this week from the Bode Museum in Berlin.

"It could be melted into slabs already," said Chris Mathers, who worked undercover for years against organized crime groups and now heads a Toronto-based security company.

The Big Maple Leaf is almost pure gold, making it into the Guinness Book of Records for its purity of 999.99/1000 gold.

While the coin's face value is $1 million, its gold content alone is worth about six times as much.

There's a chance they might try to ransom the gold back, but far better to sell it to someone von the international black market, Mathers said.

TORSTAR NEWS SERVICE

Jim Pattison announced he would donate $75 million to the St. Paul Foundation. WANYEE LI/METRO

Historic donation

BRITISH COLUMBIA

'Revolutionary' $75M gift will help build new health campus

Wanyee Li
Metro | Vancouver

Vancouver business icon Jim Pattison is donating $75 million to the St. Paul Foundation to build a new 18-acre medical centre, destined for the False Creek Flats.

The gift is the largest donation from a private citizen to a medical facility in Canada's history.

In a move that St. Paul Foundation CEO Dick Vollet describes as "truly revolutionary," Pattison's donation will help the foundation build a fully integrated healthcare campus from the ground up. The entire campus will bear Pattison's name and house St. Paul's Hospital, a three-acre research building, and centres of excellence for HIV/AIDS, heart and lung, substance use, and more.

The well-known philanthropist was gracious about his role in the project as he motioned to the people around him in an announcement Tuesday morning.

"These folks came to see us and said they needed some help," said the 88-year old.

The Pattison Group pulls in $9.6 billion in sales every year and employs 42,000 people, according to its website.

Pattison has already donated millions of dollars to various hospitals in B.C. throughout his life but this latest gift is the largest by far.

It will revolutionize healthcare for people all across the province, said Vollet.

The B.C. government has said it is contributing $500 million to the project, which will see St. Paul's Hospital move to the False Creek Flats by 2023.

Vollet predicts this healthcare donation will put Pattison's name up there with the likes of John Hopkins and Mayo.

IN BRIEF

Former asylum seeker looks to Supreme Court

Jose Figueroa, who became a permanent Canadian resident after spending two years in sanctuary in a British Columbia church, is looking to the Supreme Court of Canada to clear his "tarnished" name after the Federal Appeal Court scuttled Jose Figueroa's most recent court bid to receive a certificate from Canada's minister of foreign affairs declaring that the man is not a terrorist. Figueroa and his wife applied for refugee status after arriving in Canada two decades ago.

THE CANADIAN PRESS

NOVA SCOTIA

Too many snow days is a crisis: expert

It is "bizarre" how often Nova Scotia schools are closed because of weather, and the number of days lost this year amounts to a crisis, an education expert said Tuesday.

Paul Bennett, director of Schoolhouse Consulting in Halifax, said there has been an average of 12 lost days this school year in the province due to inclement weather — including closures at many boards Tuesday.

"This is unusual. In fact, I dare to say no one else does it. No one does it with the frequency we do it. It's bizarre," said Bennett, an education analyst who has written numerous books and reports.

In a statement Tuesday evening, Education Minister Karen Casey said the final decision to cancel school rests with individual boards, but added that the situation is "far from a crisis."

Bennett compared the frequency of weather-related school cancellations in Nova Scotia to other regions in Canada, such as Winnipeg, which in some years has not had a single snow day.

He said Nova Scotia school boards are too cautious.

"I'm looking out my window and I defy anyone who says it's dangerous out there. It's not dangerous. There's nothing to fear out there right now," said Bennett, who is also an adjunct professor at Saint Mary's University.

He said research shows that more than five lost days per school year is detrimental to student performance.

In her statement, Casey noted that Nova Scotia has five days built into the school calendar for weather-related cancellations.

"There has not been an instance when the school year has been extended due to missed days for weather since the five days were added to the school year in the 1970s," she said.

THE CANADIAN PRESS

Displaced children stand outside their tent in the Dharwan camp of Amran province, north of Yemen's capital of Sanaa. The ongoing conflict has pushed thousands of children into severe malnutrition. GETTY IMAGES

Yemenis fight to keep hope alive

Millions have been displaced as war hampers humanitarian intervention

Gilbert Ngabo
Metro | Toronto

Wyle Baoween isn't sure if he'll ever realize his dream.

The Yemeni-Canadian entrepreneur based in Vancouver has always wanted to go back to his native country and start a business. But the ongoing war and a looming famine have left his hopes in shambles.

"I'm very devastated," said Baoween of the emergency that's left millions of Yemenis on the brink of a famine and pushed thousands of children into acute malnutrition.

"Yemen was already the poorest country in the Middle East, and now even the little hope that was there is ruined."

The United Nations has already declared the situation in Yemen the largest humanitarian crisis in the world, with two-thirds of the entire population in need of immediate assistance.

Over three million people have been displaced, and humanitarian interventions are hampered by ongoing hostilities.

After visiting the country earlier in March, a UN official told the Security Council that $2.1 billion in funding is needed to save at least 12 million Yemenis — otherwise they will "simply starve to death."

Baoween, whose family members are "scattered all over the world" due to the conflict, said he's worried about Yemen's future.

"No one is working; militias are taking kids and forcing them into fighting. It's just scary," he said.

Adil Al-Serri, a Yemeni living in Toronto since 2008, said his father owns a grocery store in Sanaa, but people have been "simply taking stuff out" without paying.

"He's going out of business because no one has money to pay," said Al-Serri. He's heard stories of people trying to sell off their cars and clothes in order to buy food.

Members of the Yemeni-Canadian community are collecting donations to send to the country through different NGOs working on the ground.

"We don't really know what else to do, but it's hard to be hopeful in this horrible situation," he said.

> **We don't really know what else to do.**

Adil Al-Serri

BY THE NUMBERS | YEMEN

$173 million / **$2.1 billion**
Total funds raised so far / Funds required to avert a famine

3 out of 4
Yemen has a population of 24.4 million. Of those, **18.8 million people are food insecure**

500,000
Children under five suffering from acute malnutrition

SOURCE: UN OFFICE FOR THE COORDINATION OF HUMANITARIAN AFFAIRS

ABOUT THIS SERIES

Metro is chronicling the story through the lens of immigrants from the affected countries, with a focus on how people can get involved.

Monday Vicky Mochama on how Canada can step up its interventions.

Tuesday Focus on Somalia, and how this could be worse than 2011.

Wednesday Yemen, and the role of war in the ongoing famine.

Thursday The situation in South Sudan, the world's youngest country.

Friday Nigeria, with views from diaspora members and a local expat.

READ THIS SERIES FROM THE BEGINNING
metronews.ca

Mothers wait with their children to receive therapeutic milk to help combat the malnutrition their children are suffering from, in Juba, South Sudan. THE ASSOCIATED PRESS

UN starved of funds to fight crisis

FUNDING

U.S. plan to cut aid could have far-ranging effects

The world's largest humanitarian crisis in 70 years has been declared in three African countries on the brink of famine, just as President Donald Trump's proposed foreign aid cuts threaten to pull the United States from its historic role as the world's top emergency donor.

If the deep cuts are approved by Congress and the U.S. does not contribute to Africa's current crisis, experts warn that the continent's growing drought and famine could have far-ranging effects, including a new wave of migrants heading to Europe and possibly more support for Islamic extremist groups.

The conflict-fueled hunger crises in Nigeria, Somalia and South Sudan have culminated in a trio of potential famines hitting almost simultaneously. Nearly 16 million people in the three countries are at risk of dying within months.

Famine already has been declared in two counties of South Sudan and 1 million people there are on the brink of dying from a lack of food, UN officials have said. Somalia has declared a state of emergency over drought and 2.9 million of its people face a food crisis that could become a famine, according to the UN. And in northeastern Nigeria, severe malnutrition is widespread in areas affected by violence from Boko Haram extremists.

"We are facing the largest humanitarian crisis since the creation of the United Nations," Stephen O'Brien, the UN humanitarian chief, told the UN Security Council after a visit this month to Somalia and South Sudan.

At least $4.4 billion is needed by the end of March to avert a hunger "catastrophe" in Nigeria, Somalia, South Sudan, and Yemen, UN Secretary-General Antonio Guterres said in late February.

But according to UN data, only 10 per cent of the necessary funds have been received so far.

> We are facing the largest humanitarian crisis since the creation of the United Nations.
>
> Stephen O'Brien, UN humanitarian chief

Trump's proposed budget would "absolutely" cut programs that help some of the most vulnerable people on Earth, Mick Mulvaney, the president's budget director, told reporters last week. The budget would "spend less money on people overseas and more money on people back home," he said.

THE ASSOCIATED PRESS

HOW YOU CAN HELP

Yemeni-Canadians across the country are leading efforts to collect funds and donate.

- **Tihamah Hunger Crisis:** A relief campaign led by Islamic Relief Canada has raised over $8,000 to fight hunger in northern Yemen. More info at islamicreliefcanada.org
- **World Food Program Canada:** The UN branch runs operations inside Yemen and has launched an appeal for donations to avert the famine situation. For more information, visit wfp.org/facingfamine
- **World Vision:** The charity is the biggest implementing partner of the World Food Program in East Africa. Private donations can be made at worldvision.ca

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Trump order pushes coal

ENERGY

Move part of pledge to toss Obama's climate plan

Declaring "the start of a new era" in energy production, President Donald Trump signed an executive order Tuesday that he said would revive the coal industry and create jobs.

The move makes good on his campaign pledge to unravel former President Barack Obama's plan to curb global warming. The order seeks to suspend, rescind or flag for review more than a half-dozen measures in an effort to boost domestic energy production in the form of fossil fuels.

Environmental activists, including former Vice-President Al Gore, denounced the plan. But Trump said the effort would allow workers to "succeed on a level playing field for the first time in a long time."

"That is what this is all about: bringing back our jobs, bringing back our dreams and making America wealthy again," Trump said, during a ceremony at the Environmental Protection Agency headquarters, attended by a number of coal miners.

The order initiates a review of the Clean Power Plan, which restricts greenhouse gas emissions at coal-fired power plants.

The regulation, which was the former president's signature effort to curb carbon emissions, has been the subject of long-running legal challenges by Republican-led states and those who profit from burning oil, coal and gas.

But just as Obama's climate efforts were often stymied by legal challenges, environmental groups are promising to fight Trump's pro-fossil fuel agenda in court.

Trump has called global warming a "hoax" invented by the Chinese, and has repeatedly criticized the power-plant rule as an attack on American workers and the struggling U.S. coal industry.

THE ASSOCIATED PRESS

POLITICS LEG BATTLE BACKLASH Tuesday's Daily Mail newspaper featured on its front page a picture of Britain's Prime Minister Theresa May and Scotland's First Minister Nicola Sturgeon. The British newspaper faced a backlash for comparing the legs on show when the leaders held talks. While they clashed over Brexit, which May is set to trigger Wednesday, and Sturgeon's push for another Scottish independence referendum, the Mail spun it as a battle of the legs and focused on what could be read into their outfits and body language. GETTY IMAGES

BRITAIN

May urges unity as she negotiates EU exit

Prime Minister Theresa May says she will enter European Union exit talks representing everyone in Britain — including millions of EU nationals living in the U.K.

May plans to ask the EU for a divorce on Wednesday, triggering two years of negotiations before Britain's exit.

On Tuesday, May was photographed signing the letter to EU Council President Donald Tusk that will trigger Brexit — a process Britain says is irreversible.

The decision to leave the bloc has divided Britain, and left 3 million EU citizens here worried about their future.

May's office says she will tell the House of Commons Wednesday that she'll seek "the right deal for every single person in this country," including EU nationals.

She will urge Britons to unite as the country begins a "momentous journey."

THE ASSOCIATED PRESS

Anger as Paris police kill Chinese man

CRIME

Protesters, police clashed for hours on Monday night

Chinese immigrants and China's government are protesting a police killing in Paris that prompted violent street clashes and exposed the fears and frustrations of France's large Asian community.

Protesters gathered Tuesday in northeast Paris for a second day of demonstrations over the fatal shooting of a Chinese man in his apartment, and police launched an internal investigation into a death that took on diplomatic implications.

Chinese Foreign Ministry spokeswoman Hua Chunying said China had summoned a representative of the French embassy in Beijing Tuesday and urged French officials to "get to the bottom of the incident as soon as possible."

Chinese authorities "hope that Chinese nationals in France can express their wishes and demands in a reasonable way," Hua said.

Residents and police gave conflicting accounts of what happened before the man was shot to death by police on Sunday evening.

Police said an officer fired in self-defence during a raid after the man wounded an officer with a "bladed weapon." Rumours circulated among Chinese immigrants that 56-year-old Shaoyo Liu was in front of his children while cutting up fish with scissors and had not hurt anyone.

Protesters outraged by the killing and baton-wielding police clashed for several hours on Monday night. Three police officers were injured and 35 protesters arrested, authorities said Tuesday.

THE ASSOCIATED PRESS

Immigrants, China's government are protesting a police killing in Paris that prompted violent street clashes. AP PHOTO

COURTS

Carlos the Jackal gets life — again

Carlos the Jackal. AP

A French court on Tuesday convicted the man known as "Carlos the Jackal," once the world's most-wanted fugitive, of a deadly 1974 attack on a Paris shopping arcade and sentenced him to life in prison for the third time.

The Venezuelan-born Ilich Ramirez Sanchez is already serving two life sentences in France for murders and attacks he was convicted of perpetrating or organizing on behalf of the Palestinian cause or of communist revolution in the 1970s and '80s.

His lawyers, who had pleaded for acquittal, said they will appeal the latest verdict, though the third life sentence doesn't affect how long he will stay behind bars.

A few hours before the decision was returned, the 67-year-old known worldwide as Carlos took the floor one last time and denounced "an absurd trial" for a 42-year-old crime.

He had denied involvement, saying there was no proof against him or direct witnesses.

Five judges found Carlos, the only defendant in the case, guilty of throwing a grenade onto a shopping area in the French capital's Latin Quarter. Two people were killed and 34 injured at the trendy Drugstore Publicis.

The lawyer for the two dead victims' families, Georges Holleaux, said that "today we are extremely relieved."

The case took so long to go to trial because it was first dismissed for lack of evidence. It was reopened after Carlos was arrested by French intelligence services in Sudan in 1994 and imprisoned in France. His lawyers introduced challenges at every stage of the proceedings.

THE ASSOCIATED PRESS

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Outlook still uncertain

ECONOMY

Central bank cautious about future despite positive trends

The head of the Bank of Canada says he is still keeping a close eye on risks to the economy even after a string of healthier-than-expected numbers.

The remarks by Governor Stephen Poloz on Tuesday followed a speech in Oshawa, Ont., where he made the case for a policy mix frequently promoted by the federal government — an openness to more foreign investment, immigration and free trade.

He was asked about an encouraging data run in recent months for growth, trade and the labour market — and whether they had altered the central bank's thinking ahead of its April 12 policy decision.

"It would be odd to forget about all those downside risks just because a couple of data points came in a little bit better than expected," Poloz told reporters at Durham College in his hometown east of Toronto.

Bank of Canada governor Stephen Poloz used a history lesson Tuesday to make a case for a policy mix frequently promoted by the federal government — an openness to more foreign investment, immigration and free trade. SEAN KILPATRICK/THE CANADIAN PRESS

"We've had positive data points in the last three years, too — and they didn't last. So, we're being very cautious in that outlook."

Canada's economic concerns are tied to a list of changes being discussed by the Trump administration. The possibilities include a border adjustment tax and corporate and personal tax cuts that some fear, if implemented, could hamstring Canadian competitiveness.

President Donald Trump's demand to renegotiate the North American Free Trade Agreement has also created worries on the north side of the border.

Poloz praised NAFTA in his speech Tuesday for eliminating tariffs and creating benefits in some sectors, which he said more than offset losses in other areas.

However, while fielding a question from the audience after the speech, Poloz acknowledged the decades-old deal could use a "dust-off."

> **There are things in NAFTA that are incomplete.**
> Stephen Poloz

"NAFTA is 24 years old and so there are things in NAFTA that are incomplete," he told the crowd in Oshawa, his hometown. "Softwood lumber is not in NAFTA, the rules of origin are pretty complicated and so on. So, there may be things that can be done to improve NAFTA."

Poloz repeatedly defended free trade in his remarks Tuesday — and said tougher, tariff-heavy periods in Canada's past have provided evidence of the "steep" costs of protectionism.

On immigration, Poloz noted that "simple arithmetic" shows how important it's been for Canada.

"When trade barriers are falling, when people are coming to our shores and when investment is rising, Canadians prosper." THE CANADIAN PRESS

SOCIAL MEDIA

Facebook app adds camera features

Facebook is adding more Snapchat-like features to its app. The company says it wants to let people's cameras "do the talking" as more people are posting photos and videos instead of blocks of text.

With the update coming to users starting Tuesday, Facebook is adding a camera icon to the top left corner of its mobile app. Users can tap it to open their phone's camera to do a photo or video post. Users could post photos from the app before, it just took two taps.

Facebook's other new Snapchat-copycat features are filters and animations that can be added to images, and a "stories" feature that lets users post photos and videos that stay live for 24 hours.

Snapchat pioneered the camera-first sharing and is wildly popular with younger users. THE ASSOCIATED PRESS

LEGISLATION

Feds' plan to legalize marijuana could test patience of provinces

The complex task of legalizing marijuana in Canada looks poised to become the latest bone of contention between some of the provinces and the federal government.

A number of provincial governments have expressed concern in the wake of signals that federal legislation to legalize pot will be introduced the week of April 10.

Saskatchewan says Ottawa has offered "nothing" in the way of a pan-Canadian approach on regulations, prompting fears of a patchwork of rules and insurmountable law enforcement challenges.

The province says it is concerned about public safety and significant increases in enforcement costs — a tab it expects Ottawa to pick up in full.

Manitoba says there will be numerous challenges to address, although it has been preparing for the changes through extensive research and consultation.

Not all the provinces are apprehensive, however: Quebec Premier Philippe Couillard says he doesn't see the effort to legalize pot as complicating federal-provincial relations.

Bruce Linton, the CEO of Canada's largest marijuana producer Canopy Growth Corp., says Ontario, New Brunswick and Alberta all seem keen to prepare for a new era of legal recreational marijuana. THE CANADIAN PRESS

150 WAYS of looking at Canada

POSTCARD NO. 57

JACQUES CARTIER BRIDGE, MONTREAL

A HIGHLIGHT WHEN VISITING MONTREAL LAST NOVEMBER WAS OUR WALK ALONG THE JACQUES CARTIER BRIDGE. FROM THIS BRIDGE, I WAS MESMERIZED BY THE BEAUTY OF THE CITY AND THE NIGHT AND WAS REMINDED OF THE LONG HISTORY OF THE MIGHTY ST. LAWRENCE.
JOANNE KAASHOEK

metro VIEWS
Your essential daily news
Wednesday, March 29, 2017

JESSICA ALLEN ON THE IRRESISTIBLE PULL OF THE PAST

Listen, I'm not saying my Green Gables nostalgia is better than your Beauty and the Beast nostalgia ... My point is one person's nostalgia is another person's retro-kitsch.

Beauty and the Beast has dominated the box office for the second Friday in a row.

I can only presume millions of adults — some of whom I know, and one of whom has gone back twice — are seeing the live-action remake of a 1991 Disney cartoon because they remember how they felt when they first saw it and want to feel the same feels wash over them again.

I get that. If I had been 10 when Beauty and the Beast first came out, maybe I'd be lining up to see this new tale as old as time, too. But I was in Grade 11. My jam was less Disney, more Backdraft.

I think there are two reactions to much-beloved screen remakes and reboots: The nostalgia for the original is powerful enough that you are game for whatever the reincarnation may be. Or, you hold the original so close the idea of recreating it repulses you.

Take CBC's reboot of Anne of Green Gables, Anne. Why would I want to watch the new eight-part miniseries when I can revisit the perfect 1985 Anne of Green Gables? On VHS, DVD, or Blu-Ray!

I was 10 years old when that two-part miniseries aired, which went on to enchant millions of others around the world. I would fake sick to stay home to watch it. My Barbies became Anne and her "bosom friend" Diana. And if they weren't nearby, I'd commandeer my brother's Star Wars figurines. Greedo may have once doubled as Gilbert Blythe. The relationship is serious and I am faithful.

Even pornography has specialist categories like 'natural' and 'vintage hairy' that harken back to golden days.

BACK TO THE FUTURE There are two ways to react to a reboot of a beloved cultural brand, Jessica Allen writes: Nostalgia for the original that makes you game for any reincarnation, and reverence for the original that prevents any recreation from measuring up. DISNEY, THE CANADIAN PRESS

Last week, however, I may have accidentally cheated and watched the first episode of Anne online. I almost didn't make it through the opening credits when I heard the Tragically Hip's Ahead By a Century play, because their is no Hip in my Avonlea, P.E.I., which is, yes, fictional.

But I'm glad I persevered. It's good. In fact, it's so lovely that I tuned in to the second episode. Amybeth McNulty, while more childlike than Megan Follows' red-haired orphan ever was, is a fine Anne Shirley. And while there has never been more choice casting than Colleen Dewhurst and Richard Farnsworth as Matthew and Marilla Cuthbert, the siblings who adopt Anne, Geraldine James and R.H. Thomson's performances may have elicited tears and laughter.

Listen, I'm not saying my Green Gables nostalgia is better than your Beauty and the Beast nostalgia. That's ridiculous. (But Belle basically has Stockholm Syndrome and Anne is literally a heroine.) My point is one person's nostalgia is another person's retro-kitsch. Heck, for some monsters, even the '85 Anne series may pale in comparison to Lucy Maud Montgomery's 1908 novel.

Today, it's hard to keep pace with the rebrands, remakes, and reboots; a good thousand years past before Renaissance-era folks decided to mine the culture of the Greeks and Romans. Meanwhile, Alicia Vikander is the new Lara Croft and I haven't even seen the second Tomb Raider film starring Angelina Jolie.

"There has never been a society in human history so obsessed with the culture artifacts of its own immediate past," Simon Reynolds wrote in 2011's Retromania: Pop Culture's Addiction to Its Own Past.

It's everywhere: Clothes from two decades ago are considered vintage. Even pornography, Reynolds notes, has specialist categories, like "natural" and "vintage hairy," that harken back to golden days, which are at present alive and well — at least for me.

Are we stuck in a retro rut? Look at the weekend's box office again. Power Rangers is right behind Beauty and the Beast, followed by Kong: Skull Island. Beauty and the Beast scored "the fourth-largest second weekend of all time," Variety noted, behind Star Wars: The Force Awakens, Jurassic World and The Avengers.

I wouldn't call any of the above films original.

Speaking of originals, my dad recently purchased the complete TV box sets of Twilight Zone and Have Gun Will Travel.

Calm washed over him "because those moments I spent enjoying them originally were peaceful moments in an adolescent storm," he said. "I carved out a piece of that by going back to see all those familiar faces of actors long gone, and unremembered, by even my own generation. But there they were again."

We won't get those moments back, but that doesn't stop us from trying. In that, we may all be kindred spirits.

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

Bill 'Do more with less' Morneau needs to wake up and smell the disaster

In the middle of an unprecedented and underfunded food crisis, finance minister Bill Morneau says Canada can do more with less foreign aid.

Asked why the Liberal government's recently announced budget does not contain any additional funding for foreign aid, he said, "We do have a view that we can do more with less, and that creating economic success is important."

Morneau pointed to a development finance institution that will direct money towards private companies so that they invest in projects to reduce poverty globally. Corporate incentives, while ultimately necessary, cannot be counted on in dire scenarios where there is no foreseeable profit, such as during natural disasters and famines.

As food insecurity threatens four countries, the promise of the 2015 Liberal win – sunny ways and all – isn't being followed up by the proud internationalism of a previous era or met with the sobering sense of responsibility that propelled the party to victory.

In other years, Canada's reticence on the global stage would be cause for concern. This year, it is cause for alarm.

The United States, traditionally the largest global donor, plans to cut 28 per cent from its international spending. President Donald Trump's administration also plans to shrink its contribution to the UN budget.

OECD data shows that in 2015 Canada's official development assistance was $4.24 billion US. (Official development assistance encompasses several forms of aid including loans and grants.) Last year's budget added a modest $256 million over two years to that total. Even the addition of a $300-million development-finance institute still doesn't bring Canada anywhere close to fulfilling a long-standing commitment of contributing 0.7 percent of gross national income to development aid.

On this, we have been outpaced by Sweden, Norway, Denmark, Luxembourg and the United Kingdom. The UK is the only G7 nation that has not only met the target in recent years but did so under a Conservative government. They took it a step further by enshrining the goal in law.

The 0.7 per cent goal was pioneered by Canadian Prime Minister Lester B. Pearson. It became a key commitment of the United Nations in 1970. Canada pledged in 2005 to meet the target by 2015.

Canada has never met it.

In the meantime, there is little in the way of global leadership to meet the $4.4 billion US ask from UN agencies working to address the food crisis in northern Nigeria, South Sudan, Somalia and Yemen.

They have received only ten per cent of that money.

To 20 million people in four countries and the constellation of agencies working for them, it is a moral failing to suggest that they do more while Canada does less.

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Your essential daily news

Michael Phelps will participate in Shark Week this summer — but won't try to outswim one

FOOD TRENDS

Silicon Valley's plant-based burger puts squeeze on meat industry

Joe Callaghan
Metro Canada

As one of the masterminds of the new foodie millennium, David Chang is always ahead of the curve.

So when the man behind Momofuku declared last summer that he had discovered a gastronomical gamechanger, we should have paid more attention.

"I was genuinely blown away," Chang said of the new addition to the menu at Momofuku Nishi, his New York hub. "It was something I knew I had to get behind."

He was referring to the Impossible Burger — an entirely plant-based burger that looks, feels, cooks, smells, tastes and even bleeds like the real thing. Less than 12 months on, it appears Chang was onto something.

Impossible Foods, the company behind the innovation that counts Google Ventures and Bill Gates amongst its backers, last week announced plans to take the burger global. The company unveiled a mass production facility close to its Silicon Valley base that will churn out up to 4 million plant patties per month.

The burger hasn't yet crossed the border, the company has plans to bring it to Canada next year. Proteins have come along in recent times, but the huge buzz and rave reviews swirling around the Impossible Burger signal this offering is different.

And that could be bad news for a Canadian meat industry fighting to maintain its place in a rapidly changing market.

"There is a rising interest in alternative meats," Mike von Massow, a professor at the University of Guelph's Food Institute told Metro. "In some cases it's relative to animal welfare, sustainability. For some people it's health. There are a number of reasons that we're seeing people — particularly with red meat — take a pause.

"That group isn't huge right now but it is growing. Will (the Impossible Burger) take half the market in the next 18 months? No, probably not. But is there a significant opportunity for growth? Yes."

Now that's a really good fake

The meat-free Impossible Burger, produced in Silicon Valley, is made to appeal to meat eaters, not vegetarians. "As far as where we will go in Canada, we are actually most interested in the cities where meat consumption is the highest — we are, after all, a plant-based meat made for meat lovers and we won't accomplish our environmental mission unless we appeal to the most die-hard carnivores," a company spokesperson tells Metro. CONTRIBUTED

That growth could be all the more significant if the burger's positive reviews hold up as it hits the mass market. Impossible's breakthrough in reproducing their own plant-based heme, the molecule that naturally gives blood its colour and burgers their metallic moreishness, has been the key to their success.

"It looks great," said Sabrina Falone, director of culinary innovation at THP, a Toronto-based creative food agency. "I could definitely see how the texture could be alluring because it looks so similar to that of beef. It has that reddish hue that looks something like a medium rare cook. We all eat with our eyes first and our palates second."

As millennials and baby boomers embrace an era of unprecedented food choice, Canadians aren't eating as much meat with their eyes or palates.

Last year, beef saw its biggest annual drop in over 30 years — eight per cent according to the Canadian Cattlemen's Association. Statistics Canada's latest figures on the nation's carnivorous tendencies painted an equally stark picture.

Given how the ethical and sustainability aspects of food play into what's becoming popular in our cities, then for sure if the Impossible Burger came to town, there would be lines around the block. Sabrina Falone, director of culinary innovation at creative food agency THP

While Canadians consumed 32.4kg of beef per capita annually as recently as 2003, that number plummeted to 24.4kg by 2015. In the same time, pork dropped from 25.1kg to 22.6kg but chicken bucked that trend increasing from 29.8kg to 31.8kg.

You called it meat. I don't know if it even qualifies for that, frankly. This is initially a novelty product and some people may eat it. But it goes against the trends, the move towards not wanting lab or industrial products. Ron Davidson, senior vice-president of the Canadian Meat Council

But the industry insists they are not concerned at the potential of the Impossible Burger to further eat into sales.

"I don't think the volumes are very big yet … it will be interesting to see how much pickup they get," Ron Davidson, senior vice-president of the Canadian Meat Council, told Metro. "You called it meat. I don't know if it even qualifies for that, frankly. It's something anyway."

Davidson was bullish about the prospects of an industry that employs 66,300 Canadians. Meat exports to the Asian market remain strong. In short, their position is they have enough on their plate without worrying about the Impossible Burger.

"This is initially a novelty product and some people may eat it. But it goes against the trends, the move towards natural product; not wanting lab or industrial products," added Davidson. "We're looking at it but it's not something that today concerns us."

But as Canada's foodie hubs and the country at large have proven, trends can take off very quickly here — and stick.

"There are so many demographics that would gravitate towards it in our food culture," said Falone.

"Given how … the ethical and sustainability aspects of food play into what's becoming popular in our cities, then for sure if the Impossible Burger came to town, there would be lines around the block."

So what's in it? Water, Textured Wheat Protein, Coconut Oil, Potato Protein, Natural Flavors; 2% or less of: Leghemoglobin (soy), Yeast Extract, Salt, Soy Protein Isolate, Konjac Gum, Xanthan Gum, Thiamin (Vitamin B1), Zinc, Niacin, Vitamin B6, Riboflavin (Vitamin B2), Vitamin B12.

Eager to take over the family restaurant

BUSINESS

Asian cuisine gets a fresh face as parents pass the torch

Pushpa Balgobin and Joe Callaghan
For Metro Canada

Thuy Dinh, co-owner of XO Bistro in Edmonton, holds the location's signature Viet Beef Carpaccio.
KEVIN TUONG/FOR METRO

When Thuy Dinh told her parents she was opening a Vietnamese restaurant, they were not quite ecstatic.

"They thought I was crazy," laughs the co-owner of Edmonton's XO Bistro + Bar.

Dinh's parents are no strangers to the restaurant business, having opened up several eateries, including Ninh Kieu Restaurant in Chinatown, after immigrating to Canada in 1989.

They knew how tough the business could be — but Dinh and her business partner Vincent Lam weren't planning just any mom and pop establishment.

Dinh is one of a growing number of people from second-generation immigrant families following in their parents' footsteps and changing the face of Asian cuisine in Canada by putting a twist on traditional fare.

XO Bistro opened earlier this year in Edmonton's Ice District, and offers Vietnamese street staples like bánh xèo, a crêpe served with meat and sprouts, and Asian-inspired cocktails.

"We wanted an amazing location and modern design, but the food was going to be traditional Vietnamese food," she said.

Dinh, who helped at her parents' restaurants all through college, said she worked with her family to create "very traditional" recipes. Her vision was "keeping the food authentic, real Vietnamese food not just fusion," she said.

In Vancouver, siblings Vincent and Amelie Nguyen were busy forging their own way in the world when fate brought them back to the family's tradition.

Their father Hoang and mother Ly had arrived in Canada from Vietnam in the early 80s and turned a pop-up noodle shop in their back garden into the beloved Pho Hoang, a Vietnamese staple in Mount Pleasant for over 30 years. But when their father passed away seven years ago, the younger Nguyens' paths changed direction.

"My sister had a whole field in public health, had done her masters in that," Vincent told Metro. "That was her goal. She had a full-time job. Me myself, I was in medical school.

Amelie & Vincent Nguyen made their parents' (bottom left) eatery their own. PHOTOS (CLOCKWISE): JESS FLEMING; VY NGUYEN; AMELIE NGUYEN

"Our father passed away and I had to come back. Then I just had my calling. We both did."

Pho Hoang in its former incarnation closed down in September 2015 but Vincent and Amelie — with their mother's input — are back serving loyal customers in Anh and Chi ("brother and sister" in Vietnamese) which opened last year with a revamped feel and a fresh menu.

"Second and third generation customers are now still eating with our family," said Vincent, with Anh and Chi having scooped a number of restaurant awards in its first year in operation. "That's the reward."

Tony Phung also knows a thing or two about making a family culinary tradition his own. He saw his parents build a successful Chinese restaurant after moving to Edmonton — then lose it, when the Treasury Restaurant burnt to the ground in a 2012 fire.

When he opened his own restaurant, Grain of Rice, last year, he wanted to serve traditional Chinese dishes, but embrace local and modern flavours too.

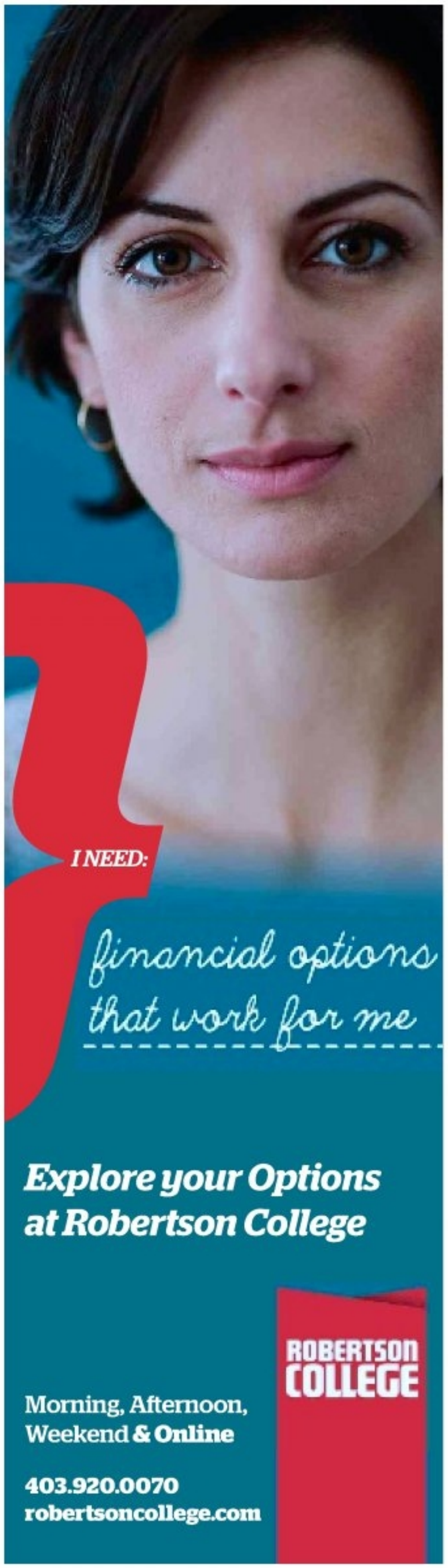
"At the old restaurant, the first few years were horrible for them," he said of his parents' experience.

"Business, corporate income tax, payroll, they didn't have a clue. "What set (Treasury) apart was the quality of the food," he said.

For many immigrant Chinese families, opening up restaurants were an economic lifeline in a new country, Phung said. His parents met in an English class in the '80s and, after years at jobs with no upward mobility, they opened their own business.

When Phung, an IT consultant, announced plans to do the same, his parents didn't understand why he'd take time away from a successful career.

"We have had family fights," he said. "My parents were so doubtful. They shied away from change but now they are overwhelmed by the foot traffic."



Party drugs laced with fentanyl

AWARENESS

Wife mourns husband, warns casual drug users

Genna Buck
Metro | Toronto

Jody McLennan is speaking out after the untimely death of her 25-year-old husband from a fatal overdose she suspects was caused by fentanyl or carfentanil-laced cocaine. "Most of us are unaware that (fentanyl) is in all street drugs right now," she said.
EDUARO LIMA/METRO

On Feb. 11, Oghenovo Avwunufe was a perfectly healthy 25-year-old.

He had a degree in political science, but was fuelling his passion for sneakers with a job at an Adidas store in Toronto. He was savouring the honeymoon phase of his relationship with Jody McLennan, whom he married in August.

"He was a loud person. He was always joking around. Wasn't the least bit shy. He was always having fun, making noise, dancing," McLennan, 39, said. "He had a lot of life in him."

On Feb. 12, he was dead.

The previous night, McLennan went to a show with a friend and Avwunufe had a couple of friends over.

Unbeknownst to her, he snorted a couple of lines of cocaine, which he did once in a while. He didn't even take enough for her to notice he was high.

He fell asleep. She crashed on the couch. Then, in the early hours of the morning, "I went to wake him to say we should go downstairs to bed. And he wasn't alive anymore," McLennan said. She called 911, and started CPR. But it was too late.

Police told McLennan the coke was likely laced with fentanyl, a powerful painkiller 50 to 100 times stronger than morphine. A dose the size of two grains of sand is enough to kill an adult. It's not meant for people who haven't built up a tolerance to opiates. It's dangerous to handle without gloves.

Now, McLennan said, she's speaking out about the dangers of tainted street drugs in hopes that others won't become "another statistic" like her husband — one of the skyrocketing number of Canadians dying every year from opiate overdose.

Especially those who, like Avwunufe, didn't even know they were using an opiate.

Fentanyl and related painkillers, mostly made in illegal labs in China, are showing up in a huge variety of recreational street drugs — and unless you happen to be a chemist, there's no sure-fire way to spot a bad batch.

The most recent data from Canada's national drug testing lab shows that, as of March 2016, 21.6 per cent of heroin and 4.8 per cent of cocaine is contaminated with fentanyl.

The drug has also been found in methamphetamine, codeine and alprazolam (Xanax). It has even showed up in blotter sheets being sold as LSD in Manitoba.

At STS Pain Pharmacy in Victoria B.C., which specializes in addiction care, clients can bring in street drugs to have them tested for contaminants like fentanyl.

The results, said staff pharmacist Jarred Aasen, have been staggering: More than 90 per cent of the samples they've tested had fentanyl. And it wasn't just in the usual suspects like heroin and counterfeit OxyContin, but also cocaine and the popular party drug MDMA.

> **If I had asked him before he passed away about fentanyl, I don't think he'd even know what it was. If we both had been more educated, we could have made better choices.** Jody McLennan

Dip-stick tests for detecting fentanyl — like the ones available from harm-reduction stations at some music festivals — are not all that useful, Aasen explained.

They don't tell you how much fentanyl is present. And they can't detect any of the drug's dozens of chemical variants, which are everywhere, or its much more poisonous cousin carfentanil — a large-animal anesthetic not approved for any use in humans.

"Always assume there's fentanyl," Aasen said. "And there's no safe dose (of fentanyl)."

As to why fentanyl is showing up in drugs where it has no business being? "It's a big question mark," Aasen said. It's been suggested that drug makers are using fentanyl as a filler because it's simple to make and it only takes a tiny amount to get high.

For now, McLennan would like recreational drug users to keep naloxone, a drug that can help reverse the effects of an overdose, on hand — and inform themselves about the risks.

"If I had asked him before he passed away about fentanyl, I don't think he'd even know what it was. If we both had been more educated, we could have made better choices."

BY THE NUMBERS

4.8%
The percentage of cocaine contaminated with fentanyl. SOURCE: CANADA'S NATIONAL DRUG TESTING LAB

21.6%
The percentage of heroin contaminated with fentanyl.

90%
At STS Pain Pharmacy in Victoria B.C., which specializes in addiction care, more than 90 per cent of the samples they've tested had fentanyl. Along with the usual suspects, it was also found in MDMA.

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Chocolatiers satisfy your sweet tooth

HOT CHOCOLATE

Three local chocolatiers crafting treats for Calgarians

Shelley Boettcher

Local chocoholics are a lucky bunch. Some of the world's most delicious chocolate — milk, dark, and everything in between — is made right in Calgary. Here are three local companies crafting sweet treats in the city.

Bernard Callebaut grew up in a chocolatier family in Belgium. Now, he's a Calgary institution. CONTRIBUTED

Anne Sellmer is a recent addition to Calgary's chocolate scene. CONTRIBUTED

Bernard and Sons

Born in Belgium, Bernard Callebaut grew up in a chocolatier family and, as a child, rollerskated in his family's factory.

Now a Calgary institution, Callebaut handcrafts roughly 30 different styles of chocolate each week, including eggs and bunnies for Easter. None contain artificial flavours. "The idea is to make them simple but better, eliminating all the ingredients that aren't necessary," he says. "My business is not much different than a chef in the kitchen."

Cochu Chocolatier

Chocolatier Anne Sellmer is a recent addition to Calgary's chocolate scene. But she's fast gaining attention for her handpainted delights. In February, she was named a Best Chocolatiers and Confectioners in America Grand Master, and in December, she won three awards at the International Chocolate Salon. She recently teamed up with Eau Claire Distillery to make cocktail-inspired chocolates. And this spring, she's pairing her creations with various coffees at Phil and Sebastian Coffee Roasters.

"Making chocolates "is like meditation," she says. "And at the end you have these beautiful little works of art."

Cococo Chocolatiers

Last year, Cococo Chocolatiers moved into a new southeast factory, replacing everything that was destroyed downtown during the 2013 floods. Cococo also launched a new line at Sobeys and Safeway stores in Western Canada, and then won six awards at the Canadian National Competition of the International Chocolate Awards. All Cococo chocolate is now made with Rainforest Alliance Certified cocoa and cocoa butter. "Rainforest Alliance certified products are fairly traded, support international labour laws and promote good agriculture," says Kristi Mehr, Cococo's senior director of sales and retail operations. But does it taste better? "Cococo thinks so, and maybe it feels better, too."

TAKE A BITE

- Find Bernard and Sons chocolate at Italian Centre Shop, the Calgary Farmers' Market and Blush Lane Organic Market. Or order it at masterchocolat.com.
- Buy Cococo Chocolatiers chocolate at 11 Cococo stores in Calgary, plus Sobeys and Safeway. Or go to cococochocolatiers.com.
- Cochu Chocolatier chocolates are available at The Cookbook Co. Cooks, Meez Cuisine & Catering, Phil and Sebastian Coffee Roasters and Janice Beaton Fine Cheese. Go to cochu.ca.

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*2017 Lexus GS F shown. Complete Lexus Price of $101,386 and Delivery Credit of $2,500. *F SPORT Credits in March are available on the purchase/lease of select new 2017 Lexus vehicles including 2017 Lexus RX 350 ($2,000 on suffixes G & H), 2017 Lexus NX 200t ($3,500 on suffix F, $3,000 on suffixes G & H), 2017 Lexus IS 200t ($3,000 on suffix F), 2017 Lexus IS 300 ($2,500 on suffixes F & G), 2017 Lexus IS 350 ($2,500 on suffixes G & H). F SPORT credits will be deducted from the negotiated purchase/lease price after taxes. *Lease offers provided through Lexus Financial Services, on approved credit. Representative lease example based on a 2017 IS 300 sfx 'F' on a 39 month term at an annual rate of 1.9% and Complete Lexus Price of $50,536. Bi-weekly lease payment is $219 (includes $2,500 F SPORT Credit) with $6,450 down payment or equivalent trade-in, $0 security deposit and first bi-weekly lease payment due at lease inception. Total of 86 bi-weekly lease payments required during the lease term. Total lease obligation is $24,949. *Representative lease example based on a 2017 NX 200t sfx 'F' on a 39 month term at an annual rate of 1.9% and Complete Lexus Price of $53,286. Bi-weekly lease payment is $239 (includes $3,500 F SPORT Credit) with $6,530 down payment or equivalent trade-in, $0 security deposit and first bi-weekly lease payment due at lease inception. Total of 86 bi-weekly lease payments required during the lease term. Total lease obligation is $26,861. *Representative lease example based on a 2017 RX 350 sfx 'G' on a 39 month term at an annual rate of 1.9% and Complete Lexus Price of $68,386. Bi-weekly lease payment is $339 (includes $2,000 F SPORT Credit) with $6,520 down payment or equivalent trade-in, $0 security deposit and first bi-weekly lease payment due at lease inception. Total of 86 bi-weekly lease payments required during the lease term. Total lease obligation is $35,203. 52,000 kilometer allowance, charge of $0.20/km for excess kilometres. Complete Lexus Price includes freight/PDI ($2,045), Dealer fees, EHF Tires ($17.75), EHF Filters ($1), A/C charge ($100), and CIMVIC fee ($10). Taxes, license, registration (if applicable) and insurance are extra. Lexus Dealers are free to set their own prices. Limited time offers only apply to retail customers at participating Lexus Dealers. Dealer order/trade may be required (but may not be available in certain circumstances). Offers are subject to change or cancellation without notice. Offers expire at month's end unless extended or revised. See Lexus of Royal Oak for complete details.

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New 10-speed built Ford tough

HANDOUT

REVIEW

Second gen EcoBoost engine gives more power

Dan Ilika
AutoGuide.com

Ford has proven with its aluminum body that it is willing to take big risks with its best-selling pickup. For 2017, it's introducing new technology that could ruin the way its best-seller drives.

You need only see how Jeep's launch of the jerky, unrefined nine-speed automatic in the Cherokee went over to understand how adding more gears to a transmission can complicate matters while bringing few benefits. For 2017, Ford is using a new 10-speed automatic transmission connected to the top-dog 3.5-litre EcoBoost engine, which has also been heavily revised, enough so that Ford calls this the second-generation of this engine.

What this means for the consumer is that the truck has more power and it will burn less fuel. Output is rated at 370 horsepower and 470 pound-feet of torque, more torque than can be found in any other half-ton pickup at the moment and a boost compared to the previous 3.5-litre EcoBoost. However, the boost in fuel economy isn't major.

The new power is noticeable when you pour on the throttle, blasting this truck to highway speeds. Tip-in power is immediate and the small bit of lag that came along with the last-generation 3.5-litre EcoBoost is gone.

The most common issue with so many gear ratios is the transmission's programming, in other words, how it thinks. And the F-150's brain seems quite smart. Each shift is smooth and well calculated, keeping the truck in the power when necessary and upshifting often to save fuel.

This truck drives the lightest of the half-ton bunch, with the ability to tuck into a corner and feel nimble. The medium weighting of the steering wheel provides a decent feeling in your hands, although the wheel itself is mostly lifeless and insulated from the road below it. The only weak point of the truck after a full day of driving was fuel economy.

Ford has taken what was already a powerful, clever pickup truck and made it even better with some new smart engineering. And the brand isn't slowing down. In 2018, Ford will introduce a new diesel engine along with revisions to its entire F-150 engine lineup, which include this 10-speed mating to nearly all of the truck's engine options.

THE CHECKLIST | 2017 FORD F-150

THE BASICS

Engine: 3.5-liter turbocharged V6
Output: 370 horsepower, 460 pound-feet of torque
Transmission: 10-speed auto
Battery size: 28 kWh
Fuel Economy (L/100 km): 13.6 city, 10.3 hwy (4x4)
Price: Starts at $30,049. As tested $53,000.

LOVE IT

- Smooth shifts
- Clever transmission brain
- Power

LEAVE IT

- Numb steering

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Little trucks that could

GAMING

Gran Turismo coming soon

It's been a long three years of waiting and delays but finally the next installment in the Gran Turismo series is (nearly) here.

Just in time to keep you glued to your flat screen this summer, Gran Turismo Sport has just been released in closed beta form to a select group of PlayStation 4 users, a sure sign that release is imminent after the game's launch date was pushed from 2016 into 2017. There's no official date yet, but a Finnish retailer claims the game will be here before May. MICHAEL ACCARDI/AUTOGUIDE.COM

TOYOTA

Strong, like an ant

Toyota wanted to see if a team of remote control cars could pull a pickup. Tamiya Hilux Bruiser 4×4 remote control models were put to the test to show the capabilities of the Toyota Hilux and the Bruiser, a 1:10-scale kit based on an earlier Hilux design. The Toyota Hilux Invincible Double Cab weighs 6,420 pounds and each Tamiya Bruiser can generate 4.4 pound of pulling force. Between 15 remote controlled cars, they would have 66 pound of muscle, enough to get the Hilux going. JASON SIU/AUTOGUIDE.COM

WHEELS ROUNDUP
News driving the auto industry brought to you by AutoGuide.com

HYPERCAR

McLaren's Three-Seater

Last year, McLaren confirmed it was working on a three-seater, hybrid hypercar code-named BP23 that would be limited to just 106 units.

McLaren CEO Mike Flewitt said the F1's successor started as a one-off model commissioned by a collector. It didn't take long for word to spread. Orders kept coming and the British automaker decided to increase the cap to 12 units. But that wasn't enough, so it went up again to 46 to meet demand before McLaren settled on 106 units, the same number of F1s that were built from 1992 to 1998.

Flewitt confirmed the BP23 will be the fastest and most powerful model McLaren has ever built. All units are spoken for. JASON SIU/AUTOGUIDE.COM

PRODUCTION

Early release for Tesla Model 3s

Deciding its analytic tools are enough, Tesla is skipping the "beta" phase of the Model 3's development cycle. Last week, Tesla CEO Elon Musk said the automaker doesn't need to bother with pre-production models. Early release model 3s built on the company's production assembly line should be rolling by this week or next.

Tesla halted production at its plant to prepare for the Model 3. Starting February 20th, the plant went dark to upgrade its paint shop. There's the tightest of timelines in play for the electric sedan, with deliveries scheduled to begin in the fourth quarter of this year. STEPH WILLEMS/AUTOGUIDE.COM

ALL PHOTOS HANDOUT

AUTO NEWS

Ford being sued by Shelby GT350 Mustang owners

A lawsuit filed in the U.S. District Court for the Southern District of Florida is seeking monetary damages for a proposed nationwide class of consumers who purchased or leased Shelby GT350 Mustangs. The lawsuit alleges Ford knowingly sold defective sports cars, saying that while marketed as "track-ready," the Shelby GT350 cannot actually be operated safely on a race track. Owners are saying that the Shelby GT350 Mustang can lose speed and power mid-drive, without warning and in as little as 15 minutes. They are being represented by Hagens Berman. JASON SIU/AUTOGUIDE.COM

Rallying for an on-road adventure

COMPETITION

Trying for first place during an amazing 1,000 km race

Dan Ilika
AutoGuide.com

The Miata RF proved to be a tight fit for two passengers well over six feet. DAN ILIKA/AUTOGUIDE.COM

I'm lucky to have a great relationship with my dad. So when I got the nod to represent AutoGuide.com in the 2017 Mazda Adventure Rally, I knew exactly who I wanted to bring.

Think of the rally like a three-day version of The Amazing Race for auto journalists, only instead of competing for personal accolades you're doing so in the name of charity. Fittingly, very few of the challenges take place outside of the car as you cover approximately 1,000 kilometres.

In the four-year history of the Mazda Adventure Rally, details like where it will take place or which vehicle is involved are withheld for as long as possible. We found out days before it was set to get underway that we would be heading to the Muskoka region north of Toronto.

When it came to the chariot of choice for the event, we were left guessing until the last minute. At a hotel near Toronto's airport, all 10 teams were fraternizing cautiously but cordially when our rally master revealed that we would be spending the next three days in the Miata RF.

I had driven the Miata RF just two weeks prior and its cozy confines weren't enough to comfortably accommodate my 6-foot-4 frame. That my dad stands 6-foot-3 and is built like a linebacker wouldn't work to our advantage.

Day 1

The first leg spanned 130 kilometres and we had just over two hours to reach our destination. We also had tasks to complete along the way. Stopping to check wording on a sign — did that say 'snowplow' or 'snow plough?' — cut precious minutes from the time allotted for the leg, putting us close to a points penalty.

The second section covered about the same distance but was chock-full of the types of tight twists and turns that the Miata is made for. As scoring was announced Team AutoGuide.com had netted 17 out of a possible 20 points to put us in third place.

Day 2

The charm of driving with the top tucked away had worn off, which meant dealing with the lack of headroom head-on.

> **The thing you may not know about automotive journalists is that most of them wish they were race car drivers. Naturally then, timed events bring with them an extra dose of competitiveness.** Dan Ilika

Along with more sign-spotting challenges, we were also tasked with finding a landmark using a photo as our only clue. To prove we found it we had to take a photo of our own with our car parked in front.

As we rounded a sweeping corner I glanced to the right and there it was: The Bala Bay Inn. We pulled into the parking lot behind a front-end loader just in time to watch four other teams cruise past without a clue.

The afternoon brought an additional pair of challenges. A fuel economy test that required us to burn as little gas as possible as we cruised through Algonquin Provincial Park. But our collective mass meant we had little chance of earning points here.

There was also a distance challenge that awarded points to teams that traveled the same distance as the baseline runs conducted by rally organizers. That meant no wrong turns.

When scores were announced we kicked ourselves — an extra 100 metres, or the distance we traveled to stop at a coffee shop, cost us a point. AutoGuide.com nabbed 27 out of a possible 32 points. The first-place team was only four points ahead.

Day 3

Setting out on the final day, there were fewer sign-related challenges. Instead our navigation skills were put to the test. Day 3 we were given a very vague map.

If my dad's poor eyesight wasn't bad enough, staring at the map gave him motion sickness. We stopped so I could get a look and were able to get things straightened out after only one missed turn.

We collected an additional 24 points on Day 3 for a total of 68 points — seven behind the first-place team and just one behind third. AutoGuide.com didn't win, but I wouldn't say we lost either. And if I could do it all over again you know who'd be sitting right there beside me.

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Getting your classic car ready for spring

UPKEEP

Time to dust off your ride with warm weather on the way

Dan Ilika
AutoGuide.com

If you prepped properly for winter storage, it'll be a breeze getting your sports car road-ready for spring — and much more satisfying. ISTOCK

Another dreary winter is almost behind us, which can only mean one thing: it's time to get your prized ride back into shape for spring.

The good news is that getting your car back in road-ready condition is far less labour-intensive than getting it ready for storage — though it's far more rewarding. Here's our eight-step guide to getting your classic car ready for the road.

Air it out

If you followed our tips for proper winter storage then it's time to reap the benefits. Whether it's been stored in your own garage or another indoor storage facility, it's been under wraps for a few months now, so peel the cover off and take a step back to admire your chariot. This is also the ideal time to reverse the pest-prevention and odour-eating steps you took at the onset of winter. That means removing both the baking soda and mothballs from inside the car. This would also be the time to crack the windows and open the doors to get some fresh air inside.

Do a thorough inspection

It's easy to get a little too eager and skip a few steps in the process, but this one is crucial. Time isn't very kind to cars, and particularly classic ones, so it's important to check for issues like cracked hoses and belts. These rubber parts can dry out quickly, and so they should be first on the inspection sheet. Equally important are components like gaskets and seals, which should be checked for possible leaks. It's all a little time-consuming, sure, but it could save on expensive service bills in the near future. Again, if you followed our winter storage tips then you'll be benefitting from the the car being on jack stands right about now.

Check the battery and fluids

This is the point at which the decision to replace your car's fluids late last year looks like a particularly fortuitous one. Not only did doing so prevent harmful contaminants from working their way through your vehicle's vital components, but it also means it's that much closer to being road-ready.

The same goes for the battery, which should have been removed and stored separately or hooked up to a battery tender. Reconnecting the battery terminals is a big step towards getting your classic or sports car back on the road, so do it with pride.

Prep the tires

If you removed the wheels and tires then now's a good time to put them back on. Regardless, the condition of the tires should be checked for both adequate tread life and the quality of the rubber. Rubber, like any composite material, breaks down over time and needs to be replaced. It's better to nip this potential issue in the bud. Last but not least, check to ensure there's enough air pressure in each tire before lowering it back down to solid ground.

Fire it up for the first time

Finally, after months of leaving it idle it's time to turn the key and let your car run. If it sounds rough, well, that's probably because it's running rough.

The fuel, oil and coolant systems have been starved for months, and so it's important to let it run for 10 minutes or so to get everything operational once again. This is also the perfect time to check the dash for warning lights — something no driver wants to see when out for a night on the town.

Cleanliness is next to godliness

Washing and waxing your car before putting it away for the winter provides an extra layer of protection against corrosion; now it's time to take it a step further. Doing the same thing before your first cruise will remove that potentially damaging layer of dust and dirt, not to mention keep your car looking its best.

Take it for a spin

Now that it's spick and span both inside and out, it's time to take your prized possession out for its first public appearance. This isn't, however, the time to show your car off — at least, that's not the only objective. Instead, this inaugural cruise provides the perfect opportunity to check for any alignment issues or other ailments that may be affecting your automobile. Don't let your ambitions cloud your judgement; if it's running rough then it's best to deal with it as soon as possible.

Enjoy it

Of all the steps, this is the most important. Classic car ownership is a labour of love to be sure, so be sure to love it while you can. Appreciate your time together — because winter's right around the corner.

UPGRADE

CX-5 Mazda on the outside, but BMW-quiet on the inside

Changes made inside and out make the Mazda CX-5's cabin nearly as quiet as the BMW X3's. HANDOUT

Peel back the sheet metal on the 2017 Mazda CX-5 and there isn't a whole lot that stands out compared to the outgoing version.

But it's what you can't see that matters in Mazda's compact crossover, with plenty of work being done to improve the little things, including overall cabin quietness. And quiet it is, with barely a whisper from the road making it inside.

It's not as if engineers simply added some extra sound deadening and called it a day, though; that would've been way too easy. Instead, materials were meticulously measured and, if necessary, moved or replaced in the name of noise reduction.

Some changes are small ones — windshield wipers that have been lowered below the hoodline, for example — while others are much more drastic. Parts like the plastic panels in the rear cargo area in the first-gen CX-5 were reflective; rather than deaden sound on impact they forced them right back into the rest of the cabin. To rectify the issue on the new CX-5, the cargo area is now fitted with fabric throughout that absorbs sound to make for a more peaceful interior experience. As an added bonus, that fabric does better to stand up to everyday wear and tear than the plastic it replaces, which was prone to scraping and scratching.

Of course, the CX-5 employs more traditional means of muting the cabin, including thicker glass, additional insulation in the doors and pillars, new door jamb seals, and a felt-lined plastic panel beneath the vehicle to block road noise at the source. It all adds up to a cabin that's substantially quieter than before. According to Mazda, the 2017 CX-5 ranks near the BMW X3 in both its articulation index and sound pressure scores, two widely used metrics in the auto industry to measure cabin noise levels.

There's also plenty of what Mazda's calling "visual noise improvements" both inside and out of the new CX-5. That means improved fit and finish in panels gaps, and improved aesthetics to avoid lines that intersect each other awkwardly.

Individually, these changes may seem insignificant, but put them all together and it makes for an impressively detail-oriented package that helps set the new CX-5 apart from not only its predecessor but the rest of the compact crossover pack.

DAN ILIKA/AUTOGUIDE.COM

metro SPORTS

"Right now we're not playing good basketball": LeBron James, whose Cavaliers fell out of first place in the East with Monday's 103-74 loss at the Spurs

IN BRIEF

Matthews breaks franchise rookie record in Leafs' win

Auston Matthews had a record-breaking night and the Toronto Maple Leafs scored a huge two points as they continue to push for the post-season.

Matthews broke Wendel Clark's 31-year-old franchise rookie record with his 35th goal of the season as the Leafs prevailed 3-2 over the Florida Panthers on Tuesday night.

The victory kept Toronto (87 points) one point up on the Boston Bruins (86) for the third playoff spot in the Atlantic Division. THE CANADIAN PRESS

Warriors reach 60 wins

Stephen Curry scored 32 points, Klay Thompson had 25 and the Golden State Warriors built a big lead early and held on for a 113-106 win over the Houston Rockets on Tuesday night.

The Warriors scored 37 points in the first quarter en route to their eighth straight victory and 60th this season. THE ASSOCIATED PRESS

Sanchez likely to land at No. 2 in Yankees lineup

The New York Yankees will likely bat power-hitting catcher Gary Sanchez second in their lineup at the start of the season.

Yankees manager Joe Girardi said Tuesday that he was leaning toward having Brett Gardner bat leadoff, followed by Sanchez, Greg Bird, Matt Holliday and Jacoby Ellsbury. THE ASSOCIATED PRESS

Stacey following in a King's footsteps

HOCKEY

Relative of Hall of Famer set to debut with national team

Laura Stacey, great-granddaughter of King Clancy, was named the rookie of the year in the Canadian Women's Hockey League. CANDICE WARD/HOCKEY CANADA/THE CANADIAN PRESS

Just having Hockey Hall of Famer King Clancy as her great-grandfather was exciting enough for Laura Stacey as a youngster. But as an adult, she needed to know more.

Recent conversations with her grandmother Carole Kavanagh, Clancy's daughter, made Stacey feel more connected to the man in the family photos.

"Knowing more has definitely brought me closer to that legacy," Stacey said. "Now he's more of a role model and inspiration for me in the sense that I know more about him and his life and the character he was."

The 22-year-old forward from Kleinberg, Ont., will make her world championship debut for the Canadian women's hockey team Friday in Plymouth, Mich.

An all-star defenceman, Francis (King) Clancy played 16 NHL seasons for both the Ottawa Senators and Toronto Maple Leafs between 1921 and 1937. The three-time Stanley Cup winner went on to coach, referee and work as a Leafs executive.

Clancy, who was inducted into the Hockey Hall of Fame in 1958, has been included on more than one "top 100 players of all time" lists. His son Terry, Stacey's great uncle, also played in the NHL. The King Clancy Memorial Trophy is given annually to the NHL player who demonstrates leadership qualities on and off the ice and makes exceptional contributions to the community.

> **I can only imagine how hard he had to work to get where he was.**
> Laura Stacey

Stacey found out Clancy missed almost every Christmas dinner playing hockey and would phone home apologizing for not being there.

"Now I understand how hard he worked, how passionate and determined he was to be the best," Stacey said. "Yes, it was a different era, but I can only imagine how hard he had to work to get where he was. As I get older, it makes it more special in that I know more the kind of guy he was.

"I can really cherish his legacy and do my best to follow in his footsteps."

At five-foot-10 and 156 pounds, Stacey has a booming shot and gives Canada a physical presence around the opposition's net.

She was named the rookie of the year in the Canadian Women's Hockey League with 11 goals and 13 assists in 20 games for the Brampton Thunder. THE CANADIAN PRESS

New deal for U.S. women nixes ban

USA Hockey and the women's national team reached a wage agreement Tuesday night to avoid a boycott of the world championships.

Players and USA Hockey announced the deal in a joint statement just three days before the tournament begins in Plymouth, Mich. It's a four-year agreement that pays players outside of the six-month Olympic period.

Star forward Jocelyne Lamoureux-Davidson said by phone Tuesday night that getting a deal done "feels like a weight off our shoulders." Captain Meghan Duggan said players "stood up for what we thought was right and USA Hockey's leadership listened."

USA Hockey executive director Dave Ogrean said by phone that he's "relieved" to get a deal done.

After more than a year of negotiations over wages and equitable support, players announced March 15 that they'd boycott the world championship if significant progress wasn't made toward an agreement.

The U.S. will begin the defence of its gold medal Friday against Canada. THE ASSOCIATED PRESS

6 of 8

The U.S. has won six of the past eight world championships.

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Gasol spurred on to evolve

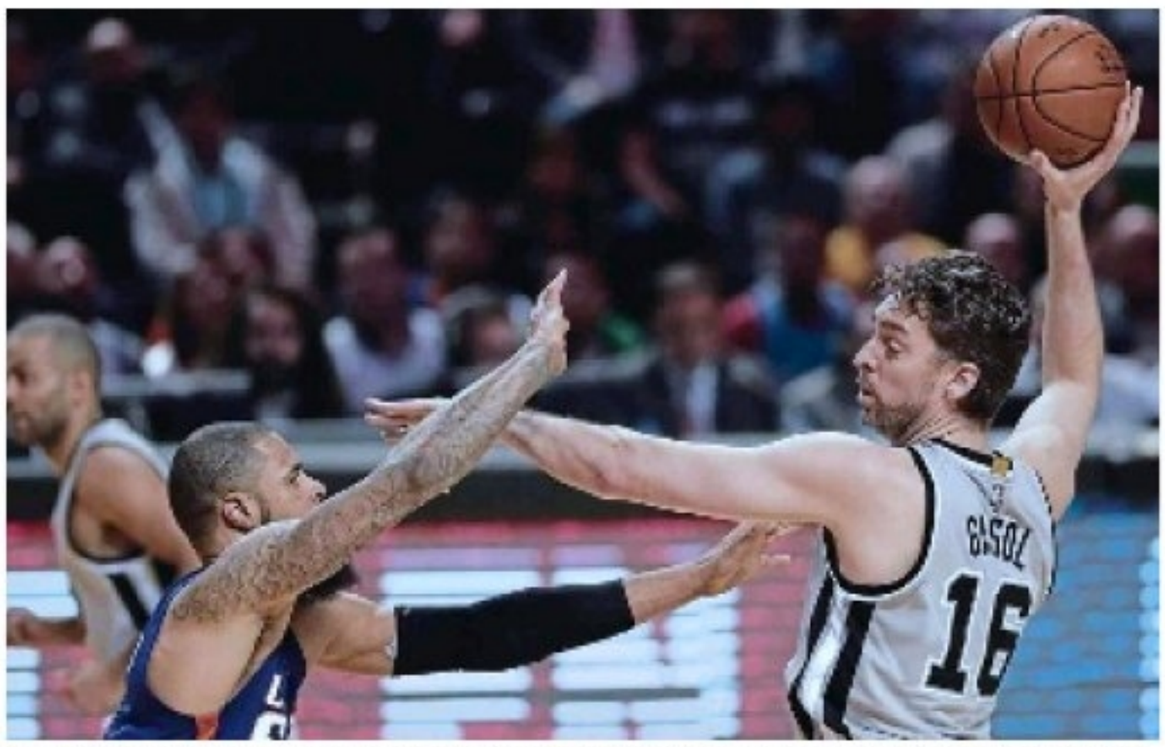
NBA

Spaniard's San Antonio move fits, adds 3-pt shot to his game

When Pau Gasol was languishing in Memphis early in his career, when he was winning championships in Los Angeles and certainly when he was on a two-year layover in Chicago, there was always the feeling that he would be the perfect fit for the San Antonio Spurs.

The Spurs have long had a reputation for favouring versatile, playmaking international players, and Gasol's name belongs near the very top when discussing the most impactful Europeans to come to the NBA.

In their first season together, Gasol has been everything the Spurs expected, and more. The 36-year-old Spaniard's scoring and rebounding has been there as usual. But he has also added the three-point shot to his arsenal, adapting to the changing demands on big men in this pace-and-space era while opening things up for LaMarcus Aldridge in the paint.



Pau Gasol's move to Spurs was the right one. The Spaniard's scoring and rebounding is still solid but he has added new dimensions to his game. REBECCA BLACKWELL/THE ASSOCIATED PRESS

"I'm trying to survive in this league that is evolving continuously," Gasol told reporters in San Antonio after the Spurs beat the Sacramento Kings last week.

Gasol is taking 3.1 three-pointers per 100 possessions this season, more than double the number of attempts he put up with the Bulls last season, according to basketball-reference.com.

Prior to that, he made his living almost exclusively from the elbows down to the post. In his first 14 seasons in the league, Gasol only averaged more than 0.6 threes per 100 possessions one time.

Even better for the Spurs — he's making them. Gasol is shooting 53.5 per cent from three-point range this season, and a scorching 60.5 per cent in the 17 games he has played since returning from a broken left hand on Feb. 24. He is 9-for-13 from deep during a five-game winning streak that has helped the Spurs pull within two games of Golden State for the top seed in the Western Conference, with the Warriors coming to San Antonio on Wednesday.

> **"I'm trying to survive in this league that is evolving continuously.**
> Pau Gasol

"He's fulfilled all of our expectations," Spurs coach Gregg Popovich said. "There were no surprises. If anything, he's shooting the three more than he has before. That's been the biggest difference. We didn't expect that."

While so much of the league has turned to smaller lineups to try to keep up with the Warriors, the Spurs have gotten bigger with Gasol, Aldridge, Kawhi Leonard and Dewayne Dedmon in the frontcourt.

THE ASSOCIATED PRESS

SOCCER BRIEFS

Messi suspended for verbally abusing referee

Lionel Messi is banned from Argentina's next four World Cup qualifying games, dealing a blow to a campaign by the 2014 runner-up that has stuttered without him.

Messi's suspension for "having directed insulting words at an assistant referee" during a home qualifier last week against Chile started on Tuesday, shortly before his teammates played Bolivia in La Paz.

THE ASSOCIATED PRESS

Sweden rallies to spoil Ronaldo's homecoming

Cristiano Ronaldo scored on his emotional return home, but Portugal squandered a two-goal lead to lose 3-2 to Sweden in a friendly on Tuesday.

Ronaldo opened the scoring 18 minutes into his first match with the national team in his hometown of Funchal on the Madeira Islands.

THE ASSOCIATED PRESS

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SNOWBOARDING

Thumbs-up to star's recovery from crash

There were tubes in Mark McMorris's nose and bruises around his left eye and cheek, but the Canadian snowboarding star was giving the thumbs-up and flashing a small smile in an Instagram photo posted Tuesday by his brother.

The Olympic bronze medallist from Regina suffered serious injuries in a crash in the B.C. backcountry over the weekend.

"Kids tough as nails," his older brother Craig wrote.

THE CANADIAN PRESS

Mark McMorris with his mother, Cindy, at a Vancouver hospital. CRAIG MCMORRIS/INSTAGRAM

NFL IN BRIEF

Witten, Cowboys make pact through 2021

Dallas tight end Jason Witten has signed a four-year contract extension that virtually guarantees the 14-year veteran will spend his entire career with the Cowboys.

The deal Witten, a 35-year-old two-time All-Pro, signed Tuesday runs through 2021. The extension has a maximum value of $29 million.

THE ASSOCIATED PRESS

Owners opt to bring video replay onto field

One day after approving the Oakland Raiders' move to Las Vegas, NFL owners got busy passing several rules changes and adopting resolutions they believe will speed the game and enhance player safety.

Most notable Tuesday was the change in handling officiating of video replays. Referees will now watch replays on the field using tablets. THE ASSOCIATED PRESS

MAKE IT TONIGHT

Satisfying Spinach and Pancetta Spaghetti

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Thanks to pancetta this pasta has flavour to the power of 10 but you can also appreciate its healthy quotient of iron-packed spinach.

Ready in 30 minutes
Prep time: 8 minutes
Cook time: 22 minutes
Serves 4

Ingredients
- 250g spaghetti
- 1/3 cup oil, divided
- 1 clove garlic
- 1/2 cup diced pancetta
- 5 oz. fresh spinach
- 1 cup fresh shaved Asiago cheese

Directions

1. Bring a pot of heavily salted water (it should taste like the ocean) to boil and add pasta; cook according to package directions.

2. Heat a large skillet over medium heat and then add a tablespoon of oil. Add garlic and cook for about 1 minute, until fragrant. Add pancetta and cook until browned. Adjust the heat to low and then stir in the spinach and allow it to wilt.

3. Once pasta is done, add to the pan with spinach along with the remaining oil and stir. Sprinkle pasta with asiago cheese. Remove pasta from heat and serve. Serve immediately.

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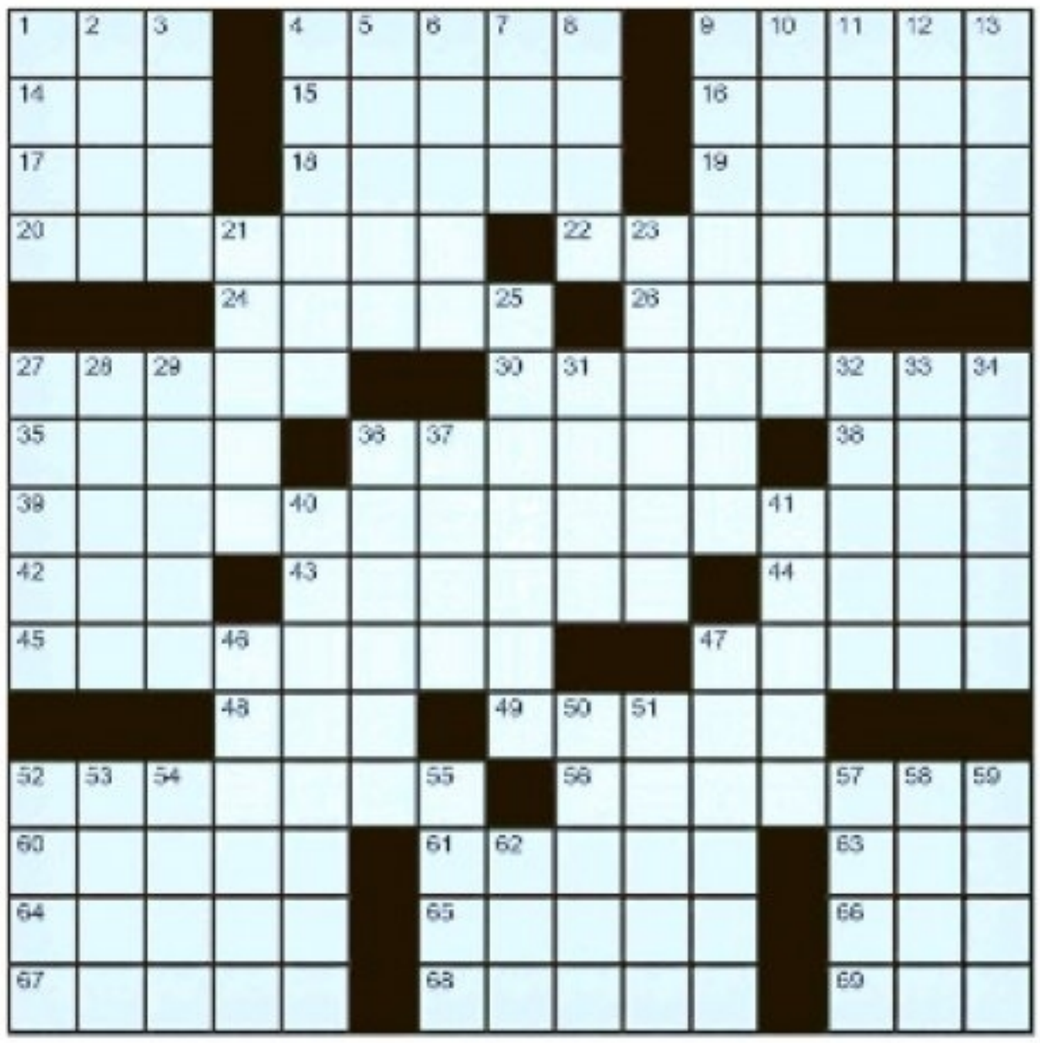
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Illinois' largest city, for short
4. The baby cow's
9. Suit jacket flap
14. Carry a tune, but without words
15. "Encore!"
16. Showbiz personality Ms. Stewart once married to rocker Rod
17. Austrian peak
18. Green/grey songbird
19. Carriage
20. Breezing through the test
22. Woodstock attendees
24. City in Quebec
26. Campaign
27. "Glee" actress Ms. Riley
30. Counterattack
35. Bread alternative for a sandwich
36. Groucho Marx facial feature, hip-style
38. Two-__ tissues
39. Newfoundland town on Placentia Bay: 2 wds.
42. Eyeball
43. The Beaver State
44. Filmed-one's function
45. Resembling a bird's home
47. Chesterfields
48. "Get movin'!"
49. Barnyard bedding
52. James Mattis, the current US Secretary of __
56. Reigning
60. Earth's layer of protection
61. Higher up
63. Ms. Thompson of "Caroline in the City"
64. Dundee's fave reptiles
65. Spur's little spiked wheel
66. 'Tutor' suffix
67. Satisfies cravings
68. Downright mean
69. "Making Plans for Nigel" band

DOWN
1. Gent
2. Retro toy, __ Hoop
3. Pixies
4. Posh spooned-on serving with crackers
5. Cosmetic surgery concern
6. "Key __" (1948)
7. "Disgusting!", giant-style
8. Highbrow
9. Worker
10. Reunion attendees
11. Book leaf side
12. Tech sch. grad
13. __ out the plans (Shows the blueprints)
21. Extract metal from ore
23. Tatiana Maslany's series, "__ Black"
25. Farms
27. Torcher's work
28. 007 portrayer Roger
29. Sniffles
31. "__ Beach" by Martha & The Muffins
32. Leslie Nielsen's movie style
33. "Be-Bop-_-_" by Gene Vincent
34. Ancient harps
36. TV show
37. William Shatner's show, "Star __"
40. Sanctitude
41. Candice Bergen show, "Murphy __"
46. From that point, archaically
47. Way to give wise advice
50. Thinks, archaically
51. Strengthen, as an embankment
52. "Grey's Anatomy" pros
53. Better Than __ (Rock band)
54. Measurement in a person's height
55. Clear cash
57. Alberta village about half an hour east of Red Deer
58. In order in the house
59. Gym bag desweater
62. Anaconda, for one

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day for mental work, because you will be careful and will not overlook details. Furthermore, you will have the steady endurance to finish what you begin.

Taurus April 21 - May 21
Research will go well today because your mind is steady and focused. You will stay on track, looking for what you want to find until you find it.

Gemini May 22 - June 21
Someone older or more experienced might have excellent advice for you today. It never hurts to listen, does it?

Cancer June 22 - July 23
A conversation with a boss or parent will be instructive today. Both parties will make progress in a practical way, especially in terms of planning.

Leo July 24 - Aug. 23
This is a great day to study anything, because you have focus and concentration. Furthermore, you won't overlook or skip things.

Virgo Aug. 24 - Sept. 23
Discussions about shared property, inheritances, wills and insurance issues will go well today. You will be thorough in everything you do; plus, someone more experienced might help you.

Libra Sept. 24 - Oct. 23
Discussions with partners and close friends are serious today, because you are in a serious frame of mind. Furthermore, people who are older and more experienced will help.

Scorpio Oct. 24 - Nov. 22
You will get a lot done at work today because you are in a practical, hands-on frame of mind. Be ready to listen to a boss or a more experienced co-worker who might help you.

Sagittarius Nov. 23 - Dec. 21
This is a good day for practical planning regarding sports, future social occasions and anything related to kids. Get out a pen and paper, and start making a list.

Capricorn Dec. 22 - Jan. 20
This is a good day for family discussions, especially discussions with a parent or an older family member. You will come up with practical ideas for now and in the future.

Aquarius Jan. 21 - Feb. 19
This is an excellent day to do future planning. This planning might be personal or professional. Discussions with siblings and relatives will be serious and productive.

Pisces
Feb. 20 - March 20
Value your moneymaking ideas today, because you are in a sensible frame of mind. You have practical ideas about how to deal with your assets.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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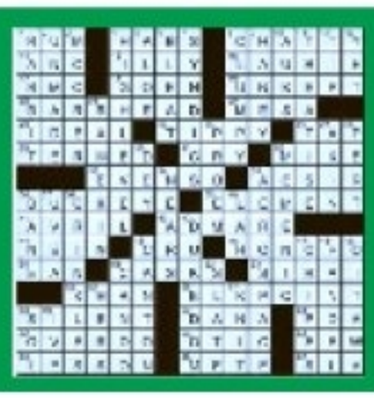

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4	1	9	5	2	8	3	7	6
3	6	8	7	1	9	2	4	5
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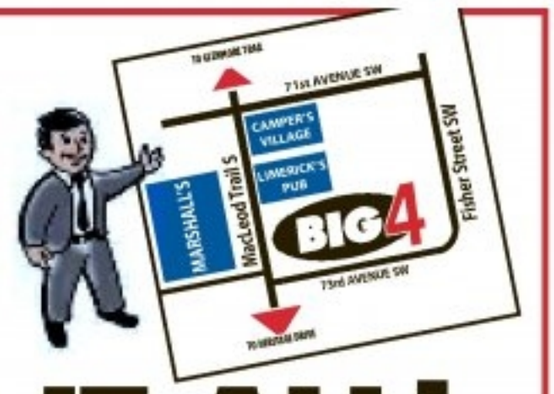

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